

## West Mountain Regional Health Alliance

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### April 2017 Quarterly Meeting Notes

Monday, April 10, 2017, 11:30 am to 1:30 pm, Valley View Hospital Conference Room 2 A&B

Meeting Attendees: Christy Doyon, Chris McDowell, Julissa Sato, Yuly Torres, Sarah Kennedy, Linda Byers, Sharon Raggio, Cristina Gair, Namrata Shrestha, Mary Baydarian, Sherri Corey, Danyelle Carlson, Garry Schreiner, Mason Hohstadt, Ross Brooks, Sara Sims, Annette Franta, Katie Voller, Laurel Little, Catherine Mlnarkz, Shawn Davis, Lisa Robbiano, Liz Stark, Amanda Wagner, Kelly Keeffe, Bob Pagili, Jenny Lindsay, Bonnie Wasil

#### 1. **Welcome & Introductions**

Sharon Raggio

Welcome, Cristina Gair, Executive Director

*Cristina Gair started April 4<sup>th</sup> as the WMRHA Executive Director. Previously, she served as a WMRHA Board Member. Cristina has a Master's of Science of Organizational Leadership from Colorado State University, and has worked with health and human service nonprofit organizations since 2003.*

#### 2. **WMRHA Vision & Update**

Cristina Gair

Welcome, Namrata Shrestha, Regional Health Connector  
Advocacy Subcommittee

*Namrata Shrestha is starting her third month as the RHC. She is meeting community members, providers, and other nonprofits. Please expect her to be in touch to learn more about what you do and ask about priority health issues facing our residents as well as social determinants of health affecting people getting healthier.*

#### 3. **Update on Rocky Mountain Health Plans & Accountable Health Communities Model Update**

Patrick Gordon

Patrick's presentation notes:

##### RMHP Corporate Transition

- UnitedHealth Group - Complete March 1, 2017
- RMHP Operations Continue
- RMHP Programs Continue - e.g., CPC+, SIM, other
- Focus on Medicaid

##### Medicaid Prime

- Nearly 3 full years of operation
- Second program year nearly complete
- All quality targets achieved:
  - Diabetes
  - Depression
  - Obesity

- Patient Activation
- Net gainshare achieved again -- ~\$6.5M
- Looking ahead to better alignment measurement next year

#### Accountable Health Communities Model

- 5 year model test, commencing May 1
- 111 committed partners in Western Colorado
- Social risk factors screening, referral and loop closure
- 3 drivers:
  - Leadership network
  - Navigator network
  - Data sharing
- \$4.5M over 5 year period
- 2017 is planning year; Operations must commence Jan 2018

#### **4. Valley View Hospital Cost of Care Presentation**

Bonnie Wasil

PowerPoint Presentation given by Bonnie.

#### **5. Discussion cost of healthcare in the mountains cont.**

Cristina Gair

Sara Simms, Associate Director, Mountain Valley Developmental Services

#### Group Discussion

- 1) What are your biggest concerns re: health care costs and coverage?  
*Health care costs more than \$700/employee at MVDS. This makes it very cost-prohibitive.*
- 2) How does that affect your company health insurance and wellness benefits?  
*This makes it difficult to provide additional wellness benefits due to cost.*
- 3) What role do you feel WMRHA should play in this ongoing discussion?  
*Offer advocacy/leverage by WMRHA.*

#### **6. Adjourn**

Next Quarterly Meeting is **Monday, July 17, 2017**

11:30 to 1:30 pm at Valley View Hospital Conference Room 2 A&B