



Chris McDowell, Executive Director, Valley Health Alliance

Chris McDowell is the Executive Director of the Valley Health Alliance located in Carbondale, Colorado. Chris holds an MBA in Healthcare Management from George Washington University along with a Master's Degree in Physical Therapy. Chris has over 25 years of healthcare management success including work within family practice clinics, hospitals and hospice and home health settings.

The Valley Health Alliance is a non-profit organization comprised of six self-funded employers in the Roaring Fork Valley focused on improving access to quality care, raising the level of engagement in employee health and adding true value to healthcare benefits and services. The VHA was established to help manage the cost of healthcare and to improve the health and well-being of its employees, their families, the organizations themselves, and the community at large. The VHA employer group includes the Aspen Skiing Company, Aspen Valley Hospital, the City of Aspen, Mountain Family Health Centers, Pitkin County, and Valley View Hospital.