



# SOCIAL NEEDS AND SOCIAL DETERMINANTS OF HEALTH

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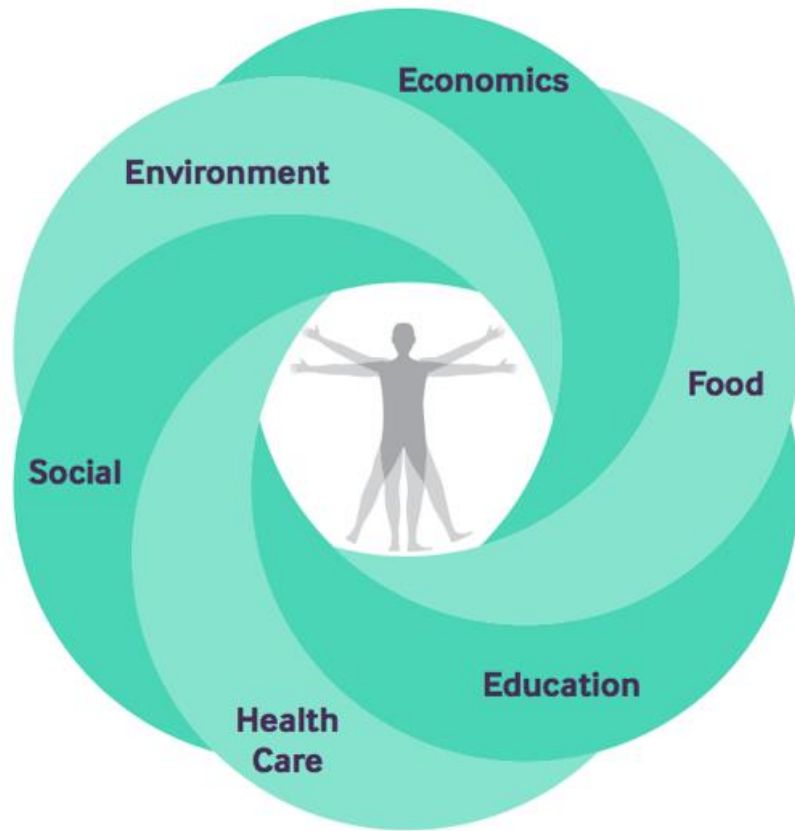
AF WILLIAMS FAMILY MEDICINE CENTER, UCHEALTH



# WHAT WE'RE GOING TO TALK ABOUT

- Why social needs?
- What can you do with social needs information?
- ISP Milestones
- What this might look like in real life

# SHARED LANGUAGE



## Social Determinants of Health

The conditions in which people are born, grow, work, live, and age

## Social Needs

An individual's lack of a resource that is needed to support a healthy lifestyle

# SHARED LANGUAGE



Equality vs Equity

## Health Equity

When everyone has a fair and just opportunity to be as healthy as possible

## Health Inequity

Avoidable and unfair differences in health rooted in social injustice

# WHAT ACTUALLY KILLS PEOPLE?

Heart Attacks  
193,000 deaths



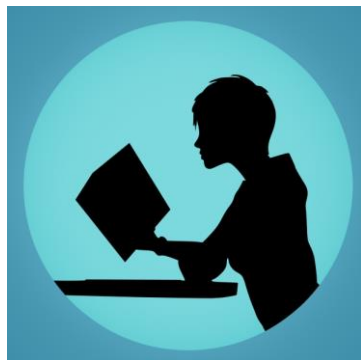
Lung Cancer  
156,000 deaths

Stroke  
168,000 deaths



# WHAT ACTUALLY KILLS PEOPLE?

Low Education  
245,000 deaths

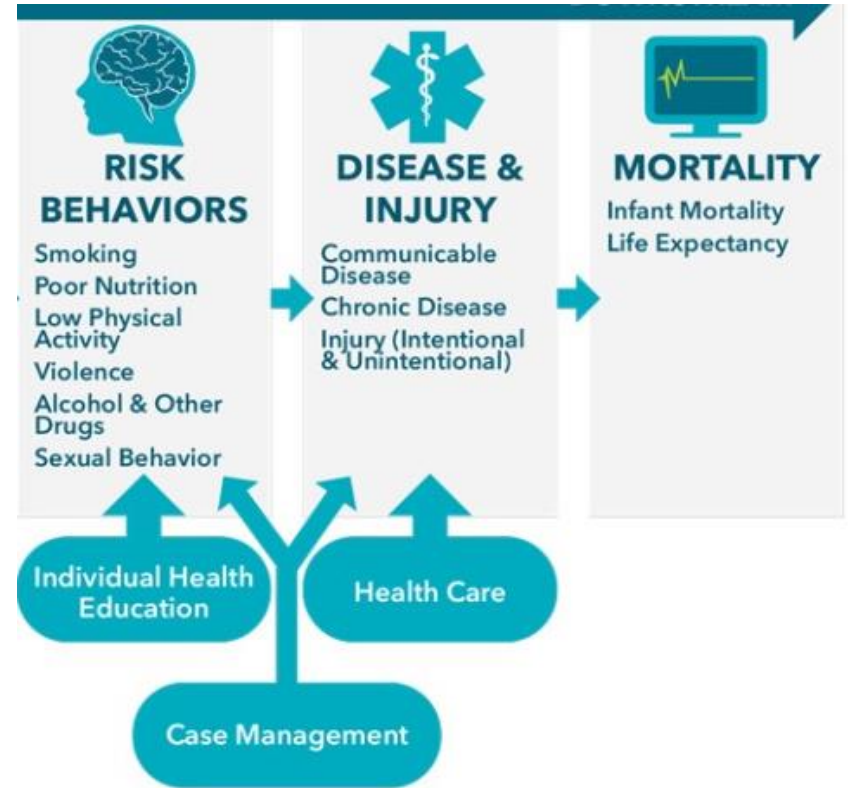


Low Social Support  
162,000 deaths

Individual Poverty  
133,000 deaths



# WHERE DOES HEALTHCARE ACT?





# WHERE DOES HEALTH ACTUALLY HAPPEN?

## A PUBLIC HEALTH FRAMEWORK FOR REDUCING HEALTH INEQUITIES BAY AREA REGIONAL HEALTH INEQUITIES INITIATIVE

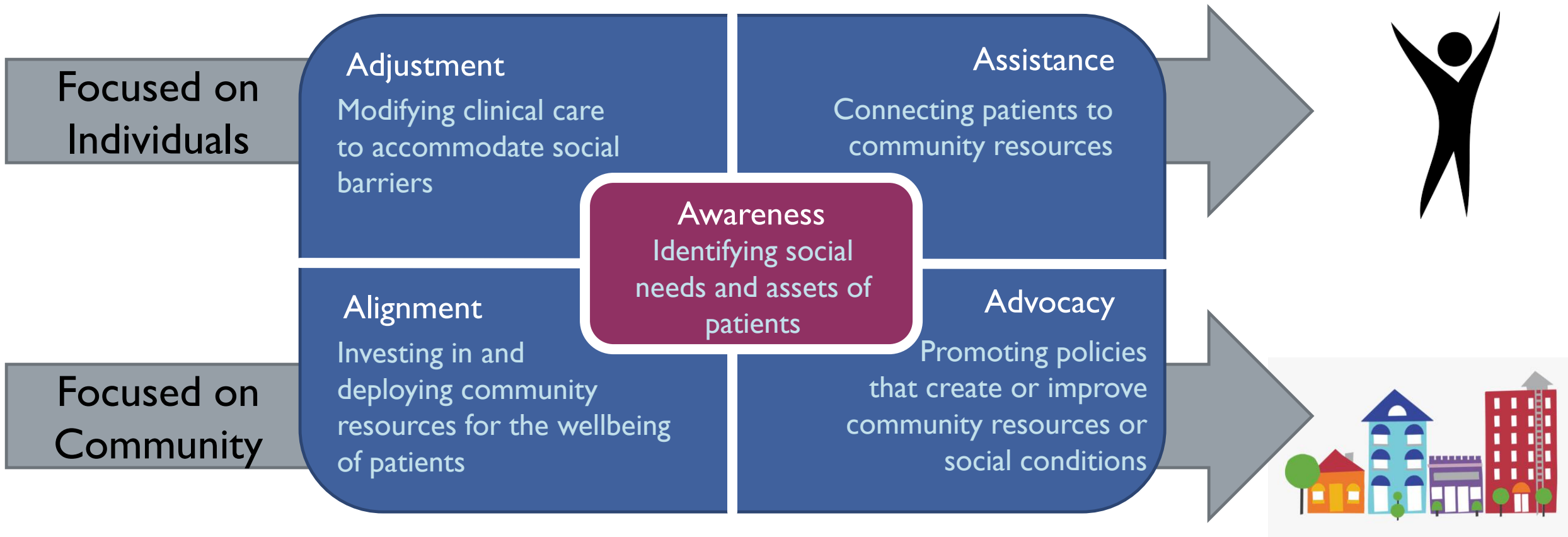




# WHAT CAN HEALTHCARE DO ABOUT SOCIAL NEEDS?

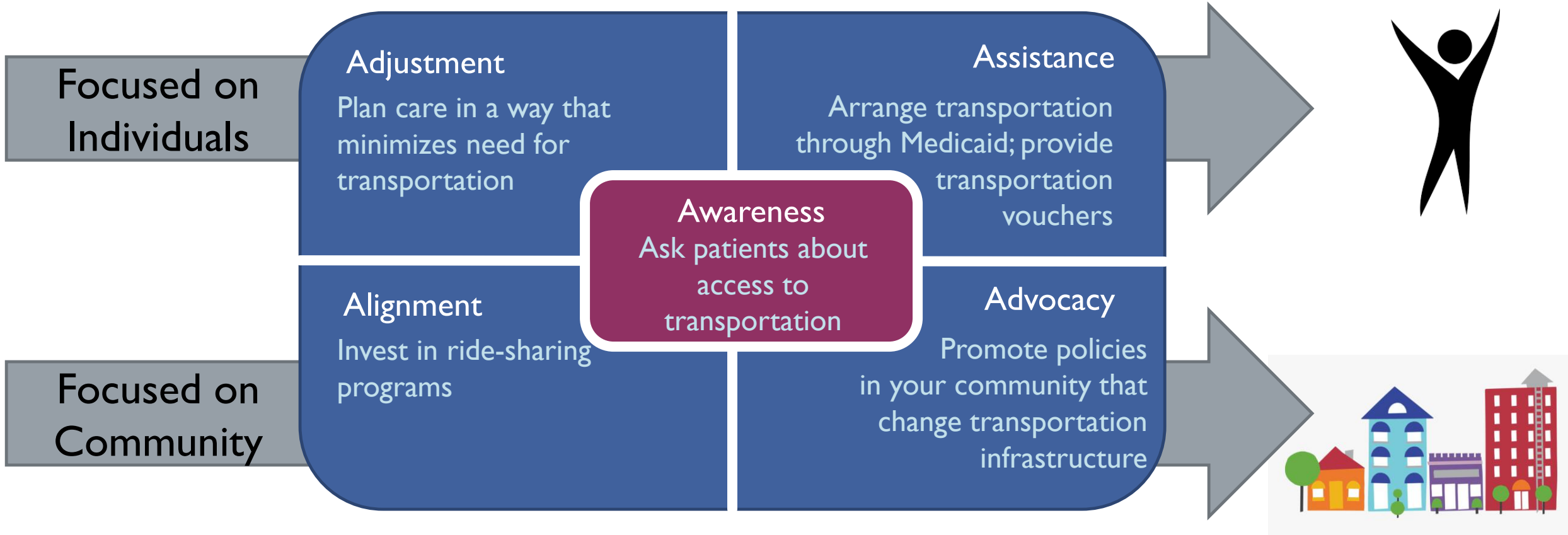


# THAT'S A LOT OF "A" WORDS...



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## Transportation Example



## BUILDING BLOCK: OPTIONAL FOCUS ON ADDRESSING SOCIAL NEEDS OF PATIENTS

Goal: Practice routinely assesses patients for social needs and links them to appropriate community resources.

# PRACTICE ROUTINELY ASSESSES PATIENTS FOR SOCIAL NEEDS AND LINKS THEM TO APPROPRIATE COMMUNITY RESOURCES.

## Phase 1

Assess social needs of patient population and prioritize one or more to focus on

Assess availability of community resources with help of RHC's

## Phase 2

Develop a process to screen for selected social need and refer to resources

Develop community partnerships to help patients with selected social need

Work with RHCs to identify at least one social need that is difficult to address

## Phase 3

Develop a process to screen for an additional social need and refer to resources

Streamline communication between practice and community partners

Work with RHCs to advocate for expanded resources for social need that is difficult to address

# PRACTICE ROUTINELY ASSESSES PATIENTS FOR SOCIAL NEEDS AND LINKS THEM TO APPROPRIATE COMMUNITY RESOURCES.

## Phase 1

Assess social needs of patient population and prioritize one or more to focus on

Assess availability of community resources with help of RHC's

Awareness

Assistance

Advocacy

## Phase 2

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# SOCIAL NEEDS SCREENING IN ACTION

- AF Williams Social Needs Screening Pilot
  - November 2017 to July 2018
    - Screened 2018 patients
    - 541 patients with one or more social need
    - 146 patients requested assistance
    - Top needs: Financial strain, social isolation, food insecurity





uchealth

Patient Sticker

Health starts where we work, play, learn, eat, and sleep. Problems in any of these areas can affect your health. We may be able to provide assistance, so we hope you will answer the following questions. You do not have to answer any questions you do not want to. Anything you write will be kept confidential in your medical record. PLEASE CIRCLE YOUR ANSWERS

**Transportation**

**Food Insecurity**

**Financial Strain**

**Health Literacy**

**Request for help**

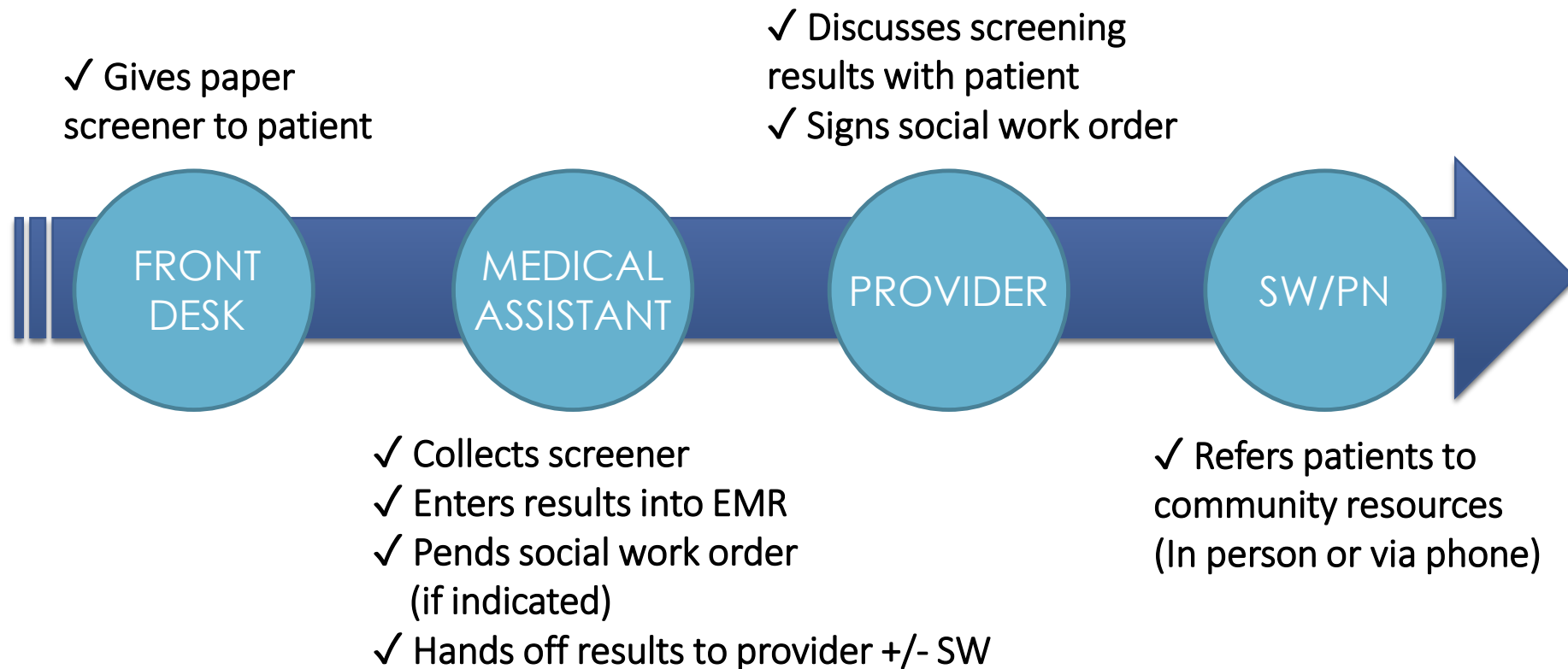
1. Is it difficult to get transportation to or from your medical appointments?	No	Yes								
2. Is there someone you can rely on when you have problems?	Yes	No								
3. Are there enough people you feel close to?	Yes	No								
4. In the last 12 months, did you ever worry that your food would run out before you had money to buy more?	No	Yes								
5. In the last 12 months, did your food ever not last and you didn't have money to get more?	No	Yes								
6. In the last 12 months, did you ever feel stressed about making ends meet?	No	Yes								
Check the box for anything you have trouble paying for: <input type="checkbox"/> Food <input type="checkbox"/> Rent/mortgage <input type="checkbox"/> Medical care <input type="checkbox"/> Prescriptions <input type="checkbox"/> Insurance <input type="checkbox"/> Gas/Electricity <input type="checkbox"/> Childcare <input type="checkbox"/> Other: _____	No	Yes								
7. Do you have any problems with your housing, such as unsafe/unclean conditions, temporary living or no place to live? Check the box for any housing problems that you are having: <input type="checkbox"/> Unsafe conditions <input type="checkbox"/> Unclean conditions <input type="checkbox"/> Temporary housing <input type="checkbox"/> Staying in shelter <input type="checkbox"/> No place to live or living on street <input type="checkbox"/> Other: _____	No	Yes								
8. Does a partner, or anyone at home, hurt, hit or threaten you?	No	Yes								
9. How confident are you filling out forms by yourself?	Not at all	Somewhat	Extremely							
10. How confident are you that you can control and manage most of your health problems? (Select a number from 1 to 10. 1 = not at all confident. 10 = very confident)	1	2	3	4	5	6	7	8	9	10
11. Would you like us to contact you to provide any additional support or resources?	No	Yes								

**Social Isolation**

**Housing Problems**  
**Household Violence**

**Self-efficacy**

# SCREENING AND REFERRAL WORKFLOW



*New adult and pediatric visits, annual exams, well child checks*

# COMMUNITY PARTNERSHIPS



- Electronic referral system
- SNAP enrollment
- Monthly data reports

- Client intake completed by our staff
- Extended hours



**COLORADO**  
REGIONAL HEALTH CONNECTORS

- Connections to community service providers

# OUR KEY TAKEAWAYS

- Staff and provider champions are essential to success
- Culture building improves buy-in
- Asking about social needs feels intrusive but most patients appreciate the attention to whole-person wellbeing
- Don't reinvent the wheel

# WHY YOU GUYS ARE PERFECT FOR THIS WORK

## Regional Health Connectors

Knowledge of community assets and challenges

Community perspective

Facilitation of clinic-community relationships

Identifying opportunities for advocacy

## Practice Facilitators

Ability to promote culture and cultivate champions

Big-picture thinking

Attention to detail

Ensure that all perspectives are heard

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