



FOOD RESOURCES – Complete List

Addressing more than just medical problems can lead to a happier, healthier life. You shared with us that you have needs that are typically not addressed in the medical setting. We want to help. Listed below are resources that may help you with those needs. If you don't see a resource that is right for you or would like to talk about additional needs that you may have please contact Western Colorado 2-1-1 (by dialing 211), a free and confidential resource and referral center. **Anything in red is COVID specific and subject to change as the pandemic continues. Remember to call prior to confirm services.**

Food Pantries:

Vail Valley Salvation Army

Phone: 970-748-0704

Web: https://vail.salvationarmy.org/vail_service_unit/food-assistance

Address: 322 E Beaver Creek Blvd Avon, CO 81620

Hours: Mon-Fri **10:00-4:00pm**

Services: Food pantry and additional services (case by case, rent, utilities, transportation, emergency help) may ask for photo ID, TEFAP

The Community Market- Gypsum Warehouse

Phone: 970-328-7900

Web: <https://eaglevalleycf.org/the-community-market/>

Address: 760 Lindbergh Drive Unit #7 Gypsum, CO 81637

Hours: Mon-Sat 10am-3pm

Services: Distributes food bags and sets up mobile pantries

The Community Market in Edwards

Web: <https://eaglevalleycf.org/the-community-market/>

Address: 69 Edwards Access Rd #6, Edwards, CO 81632

Hours: Tuesday, Thursday, Saturday 1pm-6pm

Services: Distributes food bags and sets up mobile pantries

Carbondale Branch Library- Food Bank for the Rockies

Phone: 970-963-2889

Web: https://www.foodbankrockies.org/find-food/?address%5B0%5D=El%20Jebel%2C%20CO%2C%20USA&post%5B0%5D=pantry_locator&distance=25&units=imperial&per_page=10&lat=39.394984&lng=-107.090326&form=1&action=fs

Address: 320 Sopris Ave, Carbondale, CO 81623, USA



Hours: Wednesdays 2:30pm-3:30pm, Thursdays 4pm-5pm

Eligibility: Must be under 18 years old. No I.D. needed. Call location to confirm service

Services: Serves a shelf stable packaged meal

Lift Up Glenwood Springs (Catholic Charities)*

Phone: (970) 945-2005

Web: <http://www.liftup.org/7-food-pantries>

Address: 1004 Grand Ave, Glenwood Springs, CO 81601

Hours: Tues & Fri 10am-12:30pm, Thurs 10am-3pm

Eligibility: Proof of address (e.g. phone or utility bill current within 3 months) with each visit

Services: Food pantry and additional services

Lift Up Aspen *

Phone: (970) 544-2009

Web: <http://www.liftup.org/7-food-pantries>

Address: 465 N. Mill Street #18 Aspen CO 81611

Hours: Tues, Wed, Thurs 11am-1pm, Wed Evenings 4pm-6pm

Eligibility: Proof of address (e.g. phone or utility bill current within 3 months) with each visit

Services: Food pantry and additional services available

Lift Up Carbondale *

Phone: (970) 963-1778

Web: www.liftup.org/7-food-pantries

Address: Third Street Center, 520 South 3rd Street, Unit 35, Carbondale, CO 81623

Hours: Mon, Wed, Fri 10am-12:30pm

Eligibility: Proof of address (e.g. phone or utility bill current within 3 months) with each visit

Services: Food pantry and additional services available

Lift Up New Castle *

Phone: (970) 984-2115

Website: <https://www.liftup.org/7-food-pantries>

Address: 126 N. 4th St. New Castle, CO 81647

Hours: Wed & Fri 9am-1pm

Eligibility: Proof of address (e.g. phone or utility bill current within 3 months) with each visit

Services: Food pantry and additional services available

Lift Up Rifle *

Phone: (970) 625-4888



Website: <https://www.liftup.org/7-food-pantries>

Address: 800 Railroad Ave. Rifle, CO 81650

Hours: Tuesdays – Thursdays 9am–4pm, closed 12 pm–1pm, Friday 9am–4 pm, closed 12pm-2pm, 1st Friday of the month 4pm-7pm

Eligibility: Proof of address (e.g. phone or utility bill current within 3 months) with each visit

Services: Food pantry and additional services available

Lift Up Parachute *

Phone: (970) 285-0221

Website: <https://www.liftup.org/7-food-pantries>

Address: 201 East 1st St. Parachute, CO 81653

Hours: Tues-Fri 12pm-3pm

Eligibility: Proof of address (e.g. phone or utility bill current within 3 months) with each visit

Services: Food pantry and additional services available

Grace Bible Church

Phone: 970-285-9862

Website: <https://aplaceofgracegbc.com/>

Address: 755 Spencer Parkway/PO Box 6248 Parachute, CO 81635

Hours: 3rd Friday of the month 2-4:30pm

Eligibility: all welcome. Must e-mail your first and last name and phone number to foodbank@aplaceofgracegbc.com to RSVP one week prior.

Services: Food bank

Mobile Food Pantries

Western Slope Mobile Pantry- Aspen (Buttermilk)

Phone: 970-948-5128

Website: https://www.foodbankrockies.org/find-food/?address%5B0%5D=El%20Jebel%2C%20CO%2C%20USA&post%5B0%5D=pantry_locator&distance=25&units=imperial&per_page=10&lat=39.394984&lng=-107.090326&form=1&action=fs

Address: Aspen Chapel, 77 Meadowood Dr., Aspen, CO, 81611

Hours: Wednesdays 12pm-2pm

Eligibility: Self-declared need, no eligibility requirements

Lift Up DeBeque

Phone: 970-625-4496

Website: <https://www.liftup.org/7-food-pantries>



Address: Community Center, 397 Minturn Avenue, DeBeque, CO 81630

Hours: 3rd Thursday of the month, 12-2pm

United Methodist Church

Phone: 970-328-6598 **For Food Emergencies:** 970-376-5582

Address: 333 2nd St Eagle, CO 81631

Hours: Mon 3:30-4:30pm

Services: Food pantry and additional services

Eagle River Valley Food Bank- Mobile Market

If none of these times work for you or if you have any questions about the mobile markets, please call Brian Raper at 970-343-9916 or call the warehouse at 970-328-7900

Website:

<https://www.eagleschools.net/sites/default/files/website/Communications/Eagle%20River%20Valley%20Food%20Bank%20Schedule.pdf>

Eagle Villas Office

Address: 405 Nogal Rd, Eagle, CO

Hours: Monday 4-5pm

Gypsum Paramedic Station

Address: 785 Red Table Dr., Gypsum, CO

Hours: Tuesday 11:30-1pm, only the 1st and 3rd week of the month

Recreation Center

Address: 52 Lundgren Blvd Gypsum, CO

Hours: Tuesday 11:30-1pm, only the 2nd and 4th week of the month

Aspen Mobile Home Village Office

Address: 901 W Beaver Creek Blvd Avon, CO

Hours: Wednesday 3:30-4:30pm, only the 1st week of the month

Eagle Bend Apartments ((no info on website))

Address: 10 Stonebridge Dr, Avon, CO

Hours: Wednesday 3:30-4:30pm

Riverview Apartments Community Room

Address: 39169 US-6, Avon, CO

Hours: Wednesday 3:30-4:30pm, only the 3rd and 4th week of the month

Mountain Temps Office (only during off season)



Hours: 7am-5:30pm

Eagle River Village Office

Address: 32700 US-6, Edwards, CO

Hours: Tuesday 4:15-7pm

Thursday Two Rivers Village

Address: 80 Lakeshore Dr, Dotsero, CO

Hours: Thursday 4:30-5:45pm

Meal Programs

Valley View Hospital — Meals on Wheels *

Phone: (970) 384-6653

Website: <https://www.vvh.org/patients-visitors/volunteer/meals-on-wheels/>

Address: 1906 Blake Ave, Glenwood Springs, CO 81601

Hours: Meals are delivered Mon, Wed, Fri 11:30 am to 1:30 pm

Eligibility: The program serves recipients 65 years of age and older, homebound or experiencing acute illness or disability leading to food insecurities within the city limits of Glenwood Springs. Bilingual

Services: \$3.25 per meal

Grand River Medical Center- Meal on Wheels

Phone: 970-625-6215

Website: <https://grandriverhealth.org/your-hospital-district/volunteer-services/grhdva/meals-on-wheels/>

Address: 501 Airport Rd. Rifle, CO 81650

Hours: Mon to Fri 11:30 – 1 pm

Eligibility: Call for guidelines; services available for elderly, disabled, home bound, and recovering residents of New Castle, Silt, Rifle & Parachute/Battlement Mesa. Small fee for service- call for details

Services: There are three different diets offered: regular, diabetic, or cardiac. Each meal comes with a hot meal, which includes a protein, vegetable, and a starch. It also comes with a cold pack, which has a salad, dessert, and a milk or water.

Garfield County Senior Programs

Menus for all locations are provided monthly and are available at the nutrition sites or at the office of Senior Programs.



Reservations and Cancellations: Reservations need to be made by noon the day before the meal service (if the meal is on a Monday – reservations need to be made by Friday noon. Please call 970-665-6540 if you have questions about attending or where meal sites are located. For those 60 and older, participants are encouraged to pay as they are able. The recommended voluntary contribution for each meal is \$3. Guest fees: For those under 60, the fee is \$9.50.

Garfield County Senior Programs – Carbondale

Phone: (970) 665-0041

Website: <https://www.garfield-county.com/human-services/senior-services/>

Address: parking lot behind the Carbondale Town Hall and Recreation Center, 567 Colorado Ave., around the back.

Hours: Wednesdays pick up 12-12:30pm – Call to make reservations by 12pm on the Tuesday before.

Eligibility: Seniors 60 and over and their spouses

Services: Provides hot nutritious **grab n go** meals in a community setting. Each meal provides at least one-third of the adult daily recommended dietary intake and includes meat, starch, vegetable and or salad, bread and butter, 2% milk or buttermilk and dessert or fruit. **Delivery available. Call for details.**

Garfield County Senior Programs – Glenwood Springs

Phone: (970) 665-0041

Website: <https://www.garfield-county.com/human-services/senior-services/>

Address: Chat n Chew, 1402 Blake Ave., Glenwood Springs

Hours: Mondays and Fridays. Pick up 12-12:30 – Call to make reservations by 12pm the day prior for Monday reservations call by 12pm on the Friday before

Eligibility: Seniors age 60+ and their spouses

Services: Provides hot nutritious **grab n go** meals in a community setting. Each meal provides at least one-third of the adult daily recommended dietary intake and includes meat, starch, vegetable and or salad, bread and butter, 2% milk or buttermilk and dessert or fruit. **Delivery available. Call for details.**

Garfield County Senior Programs – New Castle

Phone: (970) 665-0041

Website: <https://www.garfield-county.com/human-services/senior-services/>

Address: The Gathering, 201 Castle Valley Blvd., New Castle, CO



Hours: Mondays pick up 12-12:30pm – Call to make reservations by 12pm on the Friday before

Eligibility: Seniors age 60+ and their spouses

Services: Provides hot nutritious **grab n go** meals in a community setting. Each meal provides at least one-third of the adult daily recommended dietary intake and includes meat, starch, vegetable and or salad, bread and butter, 2% milk or buttermilk and dessert or fruit. **Delivery available. Call for details.**

Garfield County Senior Programs – Silt

Phone: 970-665-6540

Website: <https://www.garfield-county.com/human-services/senior-services/>

Address: Meet n’ Eat, 600 Home Avenue, Silt, CO

Hours: Wednesdays pick up between 12-12:30- For reservations please call Tuesday by 12pm

Eligibility: Seniors age 60+ and their spouses

Services: Provides hot nutritious **grab n go meals** in a community setting. Each meal provides at least one-third of the adult daily recommended dietary intake and includes meat, starch, vegetable and or salad, bread and butter, 2% milk or buttermilk and dessert or fruit. **Delivery available. Call for details**

Garfield County Senior Programs – Rifle

Phone: 970-665-6540

Website: <https://www.garfield-county.com/human-services/senior-services/>

Address: Senior Delight, 50 Ute Drive, Rifle, CO

Hours: Thursdays and Fridays pick up from 12-12:30. For reservations please call on Wednesday by 12pm

Eligibility: Seniors age 60+ and their spouses

Services: Provides hot nutritious **grab n go** meals in a community setting. Each meal provides at least one-third of the adult daily recommended dietary intake and includes meat, starch, vegetable and or salad, bread and butter, 2% milk or buttermilk and dessert or fruit. **Delivery available. Call for details**

Garfield County Senior Programs – Parachute

Phone: (970) 665-6540



Website: <https://www.garfield-county.com/human-services/senior-services/>

Address: Senior Meal, 500 N. Parachute, CO

Hours: Wednesdays pick up 12-12:30- For reservations please call Tuesday by 12pm

Eligibility: Seniors age 60+ and their spouses

Services: Provides hot nutritious **grab n go** meals in a community setting. Each meal provides at least one-third of the adult daily recommended dietary intake and includes meat, starch, vegetable and or salad, bread and butter, 2% milk or buttermilk and dessert or fruit. **Delivery available.**

Call for details.

Pitkin County Senior Center- Lunch Program *Currently available for home delivery or pick-up only. Call for more info*

Phone: 970-920-5432

Website: <https://www.pitkinseniors.com/lunch--eating-well.html>

Menu: <https://www.pitkinseniors.com/uploads/7/4/9/2/74924961/septmenu.pdf>

Address: 0275 Castle Creek Rd Aspen, CO 81611

Hours: Mon, Wed, Thurs & Fri at 12-12:30pm. RSVP 24 hours in advance by calling 970-429-6161

Eligibility: Seniors 60 and over

Services: Provides hot nutritious **grab n go** meals in a community setting, Meal delivery or pick up, please call ahead to sign up. Limited delivery area. Suggested donation is \$4-\$5 depending on income; however, there is no charge for meals and no eligible participant will be denied service if one does not contribute. Aspen to Woody Creek/Aspen Village including Snowmass Village. Bilingual capabilities.

Pitkin County Senior Center- Home Delivered Meals

Phone: 970-920-5432

Website: <https://www.pitkinseniors.com/lunch--eating-well.html>

Menu: <https://www.pitkinseniors.com/uploads/7/4/9/2/74924961/septmenu.pdf>

Eligibility: Seniors age 60+. Delivery area spans from Aspen to Woody Creek/Aspen Village including Snowmass Village

Services: Delivered meals are offered 4 days per week.

Free Community Dinners

Aspen Homeless Shelter- Day Center

Phone: Please call ahead 970-925-1342

Address: Pitkin County HHS 405 Castle Creek Rd #8 Aspen, CO 81611



Hours: Seven days a week at 6pm

Service: hot evening meals, special holiday meals, groceries to go. Call ahead or stop by for details.

Glenwood Springs First United Methodist Church

Phone: Please call ahead 970-625-4496

Address: 824 Cooper Ave. Glenwood Springs, CO 81601

Hours: Mon-Fri 5:00-6:00PM

Services: Grab n go meals

United Methodist Church of Eagle Valley *Suspended due to COVID*

Phone: 970-328-6598

Address: 333 E 2nd St, Eagle, CO 81631

Hours: Mon 6:00-7:00PM

Avon Eagle River Presbyterian Church

Phone: 970-748-0040

Address: 455 Nottingham Ranch Rd. Avon, CO 81620

Hours: Wednesday 6:00-7:00PM

Eligibility: All community members & visitors to Eagle County are welcome

Service: Grab & go meal

Additional Food Resources

Salvation Army — Emergency Assistance *

Phone: (970) 945-6976

Address: 201 14th Street Unit 125, Glenwood Springs CO 81601

Hours: Mon, Tues, Thurs (10am to 2pm)

Eligibility: Determined at the appointment; Call or walk in for more information

Roaring Fork School District

Phone: (970) 384-6007

Website: <https://www.rfsd.k12.co.us/school-meal-information-4326548e>

Email: omaese@rfschools.com

Services: Free meals 0-18 years old, distributes breakfast and lunch in the same sack for each child, child does not have to be enrolled in the district. **Beginning the week of October 19, 2020 thru December there will be twice a week, bulk distribution of meals. Parents can pick up 7 days worth of meals at the food drive.** Bilingual capabilities



Eligibility: times vary by site, check website for more details,

School District 16

Phone: 970-285- 5701 ext. 5262

Website: https://drive.google.com/drive/folders/1_CqJxdk5QQWE9tOeyKKudJranL6zJwdN

Services: The District 16 Family Resource Center is taking calls to help distribute food to residents in need. Please call Claudia Flores Cruz at 970-285 ext. 5262 Monday through Thursday. Deliveries to homes are on Fridays. **Meals are free for students enrolled in district. Online ordering system. Must be ordered one week in advance for students studying remotely.**

Garfield County Human Services – Glenwood Springs*

Phone: (970) 945-9191 **Hotline:** 1-800-530-3891

Web: <https://www.garfield-county.com/human-services/index.aspx>

Address: 108 8th Street, Suite 300, Glenwood Springs, CO 81601

Hours: Mon - Fri (9am to 4pm)

Eligibility: US resident or legal resident, Income verification required; Call or go online for more information

Services: Supplemental Nutrition Assistance Program (SNAP); Women, Infants, and Children (WIC)

Garfield County Human Services – Rifle *

Phone: (970) 625-5282 **Hotline:** 1-800-530-3891

Web: <https://www.garfield-county.com/human-services/index.aspx>

Address: 195 West 14th Street Building A & D, Rifle

Hours: Mon - Fri (9am to 4pm)

Eligibility: US resident or legal resident, Income verification required; Call or go online for more information

Services: Supplemental Nutrition Assistance Program (SNAP); Women, Infants, and Children (WIC)

Eagle County Human Services *

Phone: (970) 328-8840

Web: <https://www.eaglecounty.us/HumanServices>

Address: 551 Broadway Street P.O. Box 660, Eagle, CO 81631

Hours: Mon - Fri (8am to 4pm), except Thurs 12:30-4pm

Eligibility: US resident or legal resident, Income verification required; Call or go online for more information



Services: Supplemental Nutrition Assistance Program (SNAP); Women, Infants, and Children (WIC)

Pitkin County Health & Human Services *

Phone: (970) 920-5244 **Hotline:** (855) 855-4626

Web: <https://www.pitkincounty.com/212/Food-Assistance>

Address: 405 Castle Creek Rd # 8, Aspen, CO 81611

Hours: Mon - Fri (8am to 4:40pm)

Eligibility: US resident or legal resident, Income verification required; Call or go online for more information

Services: Supplemental Nutrition Assistance Program (SNAP); Women, Infants, and Children (WIC)

Pitkin County Senior Services *

Phone: (970) 920-5432

Web: <https://www.pitkinseniors.com/>

Address: 0275 Castle Creek Rd Aspen, Colorado 81611

Hours: Mon, Wed, Fri (12pm)

Eligibility: 60 age and older

Services: Meal sites, home delivered meals, free nutrition counseling

Community Health Services*

Phone: (970) 920-5420

Web: www.aspencommunityhealth.org

Address: 0405 Castle Creek Rd., Suite 201, Aspen, CO81611

Hours: Mon - Fri 9:00 am - 4:00 pm, by appointment only

Eligibility: Families with children up to age 5 and pregnant and breast-feeding women who are at or below 185% poverty level; Call or go online to get an appointment

Services: Nutritional Support for women and children

Eagle County Senior Services- Eagle- El Jebel- Minturn

Phone:

Eagle: 970-328-8896

El Jebel: 970-379-0020

Minturn: 970-328-8831

Web: https://www.eaglecounty.us/PublicHealth/Healthy_Aging/Overview/

Addresses:

Eagle: Golden Eagle Senior Center

715 Broadway, Eagle, CO 81631



El Jebel: El Jebel Community Annex Building

0020 Eagle County Dr. Ste E, El Jebel, CO 81623

Minturn: Vail Ski and Snowboard Academy/Maloit Park Senior Space, Room 105

1 Academy Loop, Minturn, CO 81645

Lunch Hours:

Eagle: Tues & Thurs at 12pm

El Jebel: Tues & Thurs at 12pm

Minturn: Wed & Fri at 12pm

Eligibility: Age 60 and older and adults with disabilities; call for details and to reserve a spot. Those under 60 are welcome to join us for a fee of \$14.00 per meal.

Services:

Meals on-site: grab n go

Home delivered meals 2 times a week to home bound adults over the age of 60 and disabled adults over the age of 18 from all Eagle County senior lunch sites

The Healthy Aging program supports **fitness classes** throughout Eagle County. Most classes request a small fee or voluntary donation for those 60 and older. Limited to 10 participants. Specific fitness activities are listed in the site newsletters. Now offering classes, exercise and social opportunities at Avon Recreation Center every Monday from 10:00 a.m. - 12:00 p.m. Finish up the morning of activity with a light **grab n go** lunch at noon. **For more information about the Avon Recreation Center offerings, please call 970-328-8831.**

Caregiver/Memory Loss Support Group: This support series is offered for family and caregivers of those affected by advancing stages of memory loss. It takes place on the second Tuesday of each month from 4:30 - 6 p.m. at the Eagle River Presbyterian Church in Avon.

Transportation: Transportation is offered from your home to our senior sites each meal day. In addition, the senior bus offers trips to errands and grocery shopping. There is a suggested donation of \$2.00 per ride within the county for those 60 or better.

*Please note that services are not dependent on ability to pay. Services will not be denied based on financial contributions. Open and welcome to all 60 or better!

Volunteer Driver Program: Eagle County Healthy Aging operates a volunteer driving program to help older adults get to important appointments and destinations. Mileage



reimbursement is available to any volunteer 55 or over through our partnership with the Alpine Area RSVP program. Interested in signing up to help people with their transportation needs and stay independent in their communities? Email healthyaging@eaglecounty.us or call 970-328-8896.

Aspen Community Church — Emergency Assistance

Phone: (970) 925-1571

Web: www.aspencommunitychurch.org

Address: 200 E Bleeker St, Aspen, CO 81611

Hours: Mon & Thurs (10am to 2pm)

Hunger Free Colorado - Food Resource Statewide Hotline

Phone: (855) 855-4626

Web: www.hungerfreecolorado.org

Address: 1801 N. Williams St., Suite 200 Denver, CO 80218

Available Hours: Mon - Fri (8am to 4:30pm)

Eligibility: Call to get guidelines and more information.

Services: The food assistance navigators provide helpful and thorough referrals based on each caller's need. They not only answer questions but also ensure that callers receive needed information—from directions to applying for public health nutrition programs. Bilingual and confidential. If you are hearing impaired, call Relay Colorado at 7-1-1 or 1-800-659-2656.

Catholic Charities – Garfield, Pitkin, & Eagle County

Phone:

Pitkin & Eagle: 970-949-0405

Garfield: (970) 384-2060

Garfield Co. Address: 1004 Grand Ave. Glenwood Springs, CO 81601

Web: <https://ccdenvr.org/western-slope-services/catholic-charities-programs/>

Services: Community Intervention, emergency assistance, homeless prevention, Gabriel House (free services for infants and young children), immigration services