



# COMMUNITY RESOURCE GUIDE

A Collection of the Resources, Supports, and  
Services in the Roaring Fork Valley



***Discover  
the services  
available to you!***

**2021**

## Our Commitment:

We are happy to present to the communities in our Tri-County (Eagle, Garfield, and Pitkin) region with this resource guide of organizations serving residents from Aspen to Parachute. This guide was born from needs shared by 392 people who were interviewed during the last three months of 2020 for the Hispanic/Latinx Community Need Assessment Report. This was an in-depth process funded by the Protect Our Neighbor (PON) planning and infrastructure grants from the Colorado Department of Public Health and Environment, received and managed by Pitkin County Public Health, in partnership with the West Mountain Regional Health Alliance. The assessment results gave our team insights into best practices serving the Latinx communities of older adults, men, women, university students, and youth.

The following excerpt is from the PON Report: “The COVID pandemic demonstrated existing system gaps in providing resources in the Latinx community. It was clear we needed to create a comprehensive resource guide with all organizations serving the Latinx community by category of services and a clear description of Latinx clients the organization serves.”

One Latinx leader shared,

**“It really feels like there is no support for undocumented families when organizations make it so hard to access the resources. We need better systems in place to help families and make them feel welcomed rather than to push them away, not feeling welcomed, as it [is] already so hard to ask for help.”**

This printed version of the guide was updated on August 1, 2021. The digital version will be updated quarterly at [www.westmountainhealthalliance.org](http://www.westmountainhealthalliance.org).

Please also visit Iliana Renteria’s “Emergencias y Recursos de Aspen a Parachute” Facebook page to learn about the Spanish language updates to this guide as well as ongoing general updates and information.

We want to thank a group of caring individuals who provided wisdom and worked diligently to provide the most accurate information presented within this guide:

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For more information about this guide, please contact West Mountain Regional Health Alliance at [westmountainhealthalliance@gmail.com](mailto:westmountainhealthalliance@gmail.com), and to talk with a Spanish speaking person, contact Pitkin County Public Health at [publichealth@pitkincounty.com](mailto:publichealth@pitkincounty.com).

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# How to use the guide

Living a healthier and happier life should be approached holistically. This is a detailed guide, composed of a collection of community resources available throughout the Roaring Fork Valley, from Aspen to Parachute. This guide will also be available online, to verify the most current and updated service(s) information and to access the online format visit:

<https://westmountainhealthalliance.org/>

To navigate this guide, look by type of resource, and subsequently by geographic location of servicing area.

## Food Resources

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**Aspen**

➤ **Food of the Rockies (Lift Up y Aspen Family Connections )**

**Services:** Prepackaged meals  
**Elegibility:** No requirements  
**Hours:** Tuesday, 12pm to 2 pm  
**Phone:** (970) 464-1138  
**Website:** <https://www.foodbankrockies.org/find-food/>  
**Address:** Aspen Chapel, 77 Meadowood Dr, Aspen, CO 81611

**Bold black titles** refer to type of resource

**Bold grey titles** refer to the location that resource is available

**Contact information** and brief service(s) description

**Services Key**

## Language

Only Spanish

Bilingual service available

Only English

## Identification

No proof of ID documentation required

Proof of ID documentations is required

## Fee

No fee

Donations appreciated

Fee based on income

Fee involved

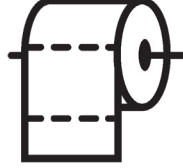
# Services Key



Meals/Food service



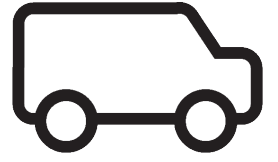
Prepackaged meals



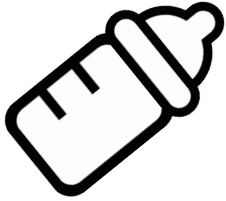
Basic care product(s)



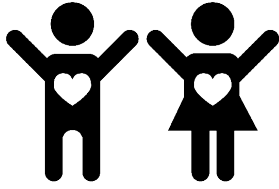
Household service



Transportation service



Infants and families service



Kids and Youth service



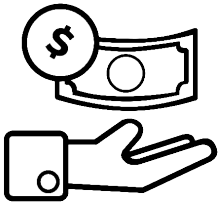
Family service



Education service



Senior service



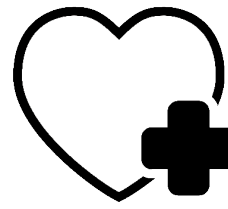
Financial service



Housing service



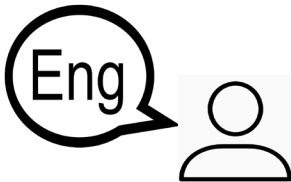
Mental health and well-being service



Health and body well-being service



Emergency service



English lessons



Legal counsel service



Immigrant resource/service



Community support and networking

# Food Resources

## State and County Aid

### ➤ Garfield County Human Services

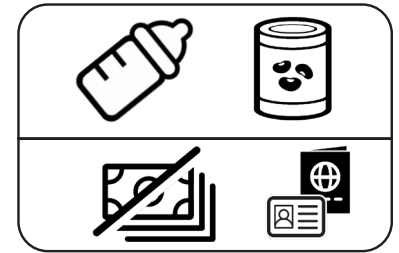
**Services:** Supplemental Nutrition Assistance Program (SNAP) for women, infants and children (WIC)

**Eligibility:** US citizen or legal resident, income verification required.

Call or go online for more information.

**Hours:** Monday - Friday (9am - 4pm)

**Website:** <https://www.garfield-county.com/human-services/>



### Glenwood Springs

**Phone:** (970) 945-9191 (SNAP); 970-945-6614 ext. Direct line; 2020 (WIC): 1 (800) 530-3891

**Address:** 108 8th Street, Suite 300, Glenwood Springs, CO 81601

### Rifle

**Phone:** (970) 625-5282 **Hotline:** 1 (800) 530-3891

**Address:** 195 West 14th Street Building A & D, Rifle

### ➤ Grand River Medical Center - Meals on Wheels

**Services:** There are three different diets offered: regular, diabetic, or cardiac. Each meal comes with a hot meal, which includes a protein, vegetable, and a starch. It also comes with a cold pack, which has a salad, dessert, and a milk or water.

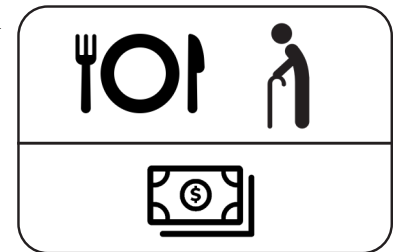
**Eligibility:** Call for guidelines; services available for older people, people with different abilities, home bound, and recovering residents of New Castle, Silt, Rifle & Parachute/Battlement Mesa. Small fee for service - call for details.

**Phone:** (970) 625-6215

**Hours:** Monday - Friday (11am - 1pm)

**Website:** <https://grandriverhealth.org/your-hospital-district/volunteer-services/grhdva/meals-on-wheels/>

**Address:** 501 Airport Rd. Rifle, CO 81650



### ➤ Eagle County Human Services

**Services:** Supplemental Nutrition Assistance Program (SNAP) and WIC Program for Women, Infants, and Children

**Eligibility:** US citizen or legal resident, Income verification required. Call or go online for more information.

**Phone:** (970) 328-8840

**Hours:** Monday - Friday (8am - 4pm) and Thursday (12:30pm - 4pm)

**Website:** <https://www.eaglecounty.us/HumanServices>

**Address:** 551 Broadway Street P.O. Box 660, Eagle, CO 81631



### ➤ El Busesito, Mira Bus

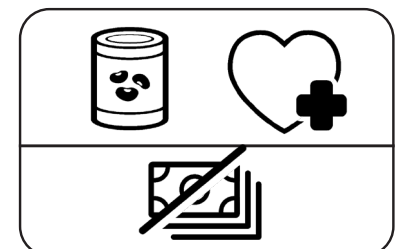
**Services:** MIRA provides FREE health and food services to the Eagle County community. To find out about grants offered each week, go to the Mira Bus Facebook page.

**Phone:** (970) 688-0001

**Hours:** Wednesday (1pm - 5pm)

**Website:** <http://www.miraeaglecounty.com/>

**Address:** To find out where the bus is going to park go to the Facebook page, MIRA Bus-Mira Bus, <https://www.facebook.com/MIRABus1/>.



## ➤ Pitkin County Human Services

**Services:** Supplemental Nutrition Assistance Program (SNAP) and WIC Program for Women, Infants, and Children.

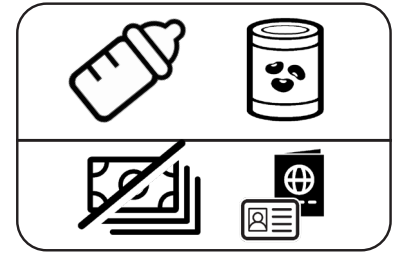
**Eligibility:** US citizen or legal resident, Income verification required. Call or go online for more information.

**Phone:** (970) 920-5244 **Hotline:** (855) 855-4626

**Hours:** Monday - Friday (8am - 4:40pm)

**Website:** <https://www.pitkincounty.com/212/Food-Assistance>

**Address:** 405 Castle Creek Rd # 8, Aspen, CO 81611



## ➤ Roaring Fork School District

**Services:** Free meals

**Eligibility:** Children age 0-18 years, distributes breakfast and lunch in the same sack for each child, child does not have to be enrolled in the district.

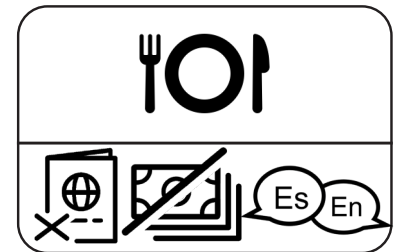
**Phone:** (970) 384-6007

**Hours:** Times vary by site, check website for more details

**Website:** <https://www.rfsd.k12.co.us/school-meal-information-4326548e>

**Email:** [Omaese@rfschools.com](mailto:Omaese@rfschools.com)

**Address:** 400 Sopris Ave, Carbondale, CO, 81623



## ➤ Hunger Free Colorado - Food Resource Statewide Hotline

**Services:** The food assistance navigators provide helpful and thorough referrals based on each caller's need confidentially. They not only answer questions but also ensure that callers receive needed information—from directions to applying for public health nutrition programs.

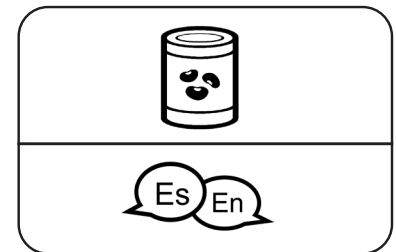
**Eligibility:** Call to get guidelines and more information.

**Phone:** (855) 855-4626. If you are hearing impaired, call Relay Colorado at 7-1-1 or 1 (800) 659-2656.

**Hours:** Monday - Friday (8am - 4:30pm)

**Website:** [www.hungerfreecolorado.org](http://www.hungerfreecolorado.org)

**Address:** : 1801 N. Williams St., Suite 200 Denver, CO 80218



## School District n.º 16

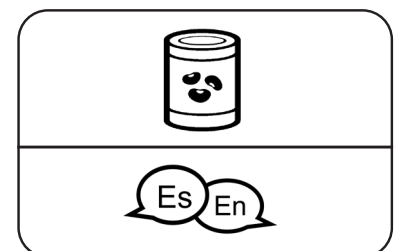
**Services:** The District 16 Family Resource Center is taking calls to help distribute food to residents in need. Deliveries to homes are on Fridays.

**Eligibility:** Meals are free for students enrolled in the district. Online ordering system. Must be ordered one week in advance for students studying remotely.

**Phone:** Claudia Flores Cruz at (970) 285-5701 ext. 5262

**Hours:** Monday - Thursday

**Website:** <https://www.garfield16.org/en-US>



## ➤ Garfield County Senior Programs

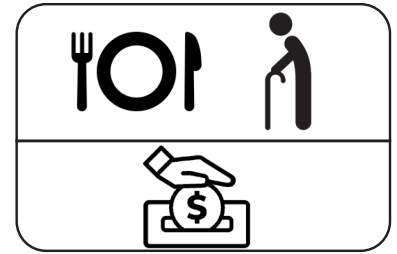
**Services:** Menus for all locations are provided monthly and are available at the nutrition sites or at the Office of Senior Programs. Reservations need to be made by noon the day before the meal service (if the meal is on a Monday – reservations need to be made by Friday at noon). Please call 970-665-6540 if you have questions about attending or where meal sites are located. For those 60+ years, participants are encouraged to pay as they are able. The recommended voluntary contribution for each meal is \$3. For those under 60 years old, the fee is \$9.50.

Provides hot nutritious grab n go meals in a community setting. Each meal provides at least one-third of the adult daily recommended dietary intake and includes meat, starch, vegetable and or salad, bread and butter, 2% milk or buttermilk and dessert or fruit. Delivery available. Call for details.

**Eligibility:** Seniors 60+ years and their spouses.

**Phone:** (970) 665-0041

**Website:** <https://www.garfield-county.com/human-services/senior-services/>



### Carbondale

**Address:** “Roaring Fork and Spoon” at the Orchard, The Gathering Center, located at 110 Snowmass Drive, next to Crystal River Elementary School.

**Hours:** Wednesday (12 - 12:30pm)

Call to make reservations by 12pm (noon) on the Tuesday before.

### New Castle

**Address:** Castle Valley Senior Center, 201 Castle Valley Blvd., outside the community room

**Hours:** Monday (12 - 12:30pm)

Call to make reservations by 12pm (noon) on the Friday.

### Rifle

**Address:** Senior Center, 50 Ute Avenue

**Hours:** Tuesday, Thursday, and Friday (12pm - 12:30pm)

For reservations please call on the weekday prior by 12pm (noon) on the Friday before.

### Glenwood Springs

**Address:** Colorado Mountain College, 1402 Blake Avenue

**Hours:** Monday and Friday (12 - 12:30pm)

Call to make reservations by 12pm the day prior for Monday reservations call by 12pm (noon) on the Friday before.

### Silt

**Address:** Silt Town Center, 600 Home Avenue

**Hours:** Wednesday (12 - 12:30pm)

For reservations please call Tuesday by 12pm (noon).

### Parachute

**Address:** Valley Senior Center, 540 N. Parachute Avenue

**Hours:** Wednesday (12pm -12:30pm)

For reservations please call Tuesday by 12pm (noon).

## ➤ Pitkin County Senior Services

**Services:** Meal sites, home delivered meals and free nutrition counseling.

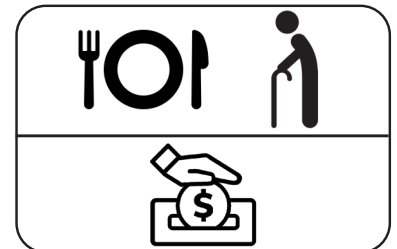
**Eligibility:** 60+ years old

**Phone:** (970) 920-5432

**Hours:** Monday, Wednesday, Friday at 12pm (noon)

**Website:** <https://www.pitkinseniors.com/>

**Address:** 0275 Castle Creek RD Aspen, Colorado 81611





### ➤ Pitkin County Senior Center: Lunch Program

**Services:** Provides hot, nutritious grab n go or congregate meals in a community setting. Suggested donation is \$4-\$5 depending on income; however, there is no charge for meals and no eligible participant will be denied service if one does not contribute. Aspen to Woody Creek/Aspen Village including Snowmass Village.

**Eligibility:** 60+ years old

The delivery area stretches from Aspen to Woody Creek / Aspen Village, including Snowmass Village.

**Phone:** (970) 920-5432

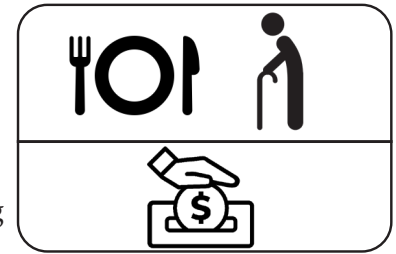
**Website:** <https://www.pitkinseniors.com/lunch--eating-well.html>

**Menu:** <https://www.pitkinseniors.com/uploads/7/4/9/2/74924961/septmenu.pdf>

**Address:** 0275 Castle Creek RD Aspen, CO 81611

**Hours:** Monday, Wednesday, Thursday and Friday (12pm (noon) - 12:30pm)

RSVP 24 hours in advance by calling (970) 429-6161.



### ➤ Eagle County Senior Services - Eagle, El Jebel, Minturn

**Services:** Grab n Go and Home delivered meals, twice per week to home bound adults over the age of 60 and adults with different abilities who over 18 years old, at all Eagle County senior lunch sites.

**Eligibility:** Age 60 and older and adults with different abilities. Call for details and to reserve a spot. Those under 60 are welcome to join us for a fee of \$14.00 per meal.

**Lunch Hours:**

- Eagle: Tuesday and Thursday at 12 pm (noon)
- El Jebel: Tuesday and Thursday at 12pm (noon)
- Minturn: Wednesday and Friday at 12pm (noon)



#### Eagle

**Phone:** 970-328-8840

**Address:** Golden Eagle Senior Center, 715 Broadway, Eagle, CO 81631

#### El Jebel

**Phone:** 970-328-9586

**Address:** El Jebel Community Annex Building, 0020 Eagle County Dr. Ste E, El Jebel, CO 81623

#### Minturn

**Phone:** 970-328-9813

**Address:** Vail Ski and Snowboard Academy/ Maloit Park Senior Space, Room 105 1 Academy Loop, Minturn, CO 81645

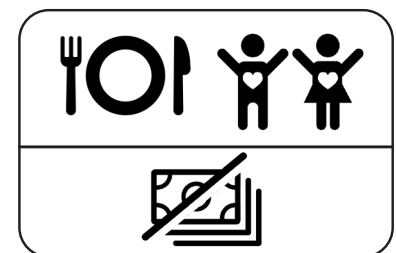
### ➤ RE2 School District

**Services:** RE2 serves free lunches and breakfast to all students on regular school days in school, those doing remote learning and students in quarantine.

**Eligibility:** Meals are free for students enrolled in the district. Students attending home school must place their orders one week in advance.

**Phone:** (970) 665-7600

**Website:** <https://www.garfieldre2.net>



## ➤ Meal Monkey Serving the RE2 School District

**Services:** Sack lunches are provided for kids under 18 years old on Fridays.

**Phone:** (970) 665-7600

**Address:** 1801 N. Williams St., Suite 200 Denver, CO 80218

### Rifle

**Cottonwood:** 11am - 12pm

**Centennial:** 11am - 12pm

**Joyce and Davidson:** 11am - 12pm

### New Castle

**Apple Tree Park:** 11:30am

**Burning Mountain Park:** 12pm

### Silt

**Heron's Nest:** 11am

**Silt Library:** 11am

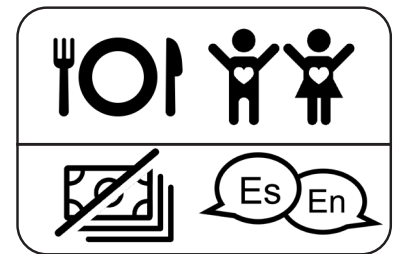


## ➤ El Centro de Recursos Familiares del Distrito 16

**Services:** If your child attends CFL, BUE, GVMS, or GVHS, please register for the Spring Grocery Program, if you would like to continue receiving groceries throughout April and May. You will not be automatically enrolled and will need to register by calling the office or by filling out an electronic registration.

**Phone:** (970) 285-5700 ext. 5190

**Website:** <https://www.garfield16.org/en-US>



## Aspen

## ➤ Community Health Services

**Services:** Nutritional Support for women and children

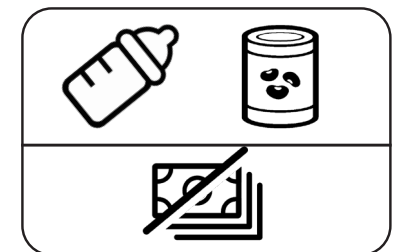
**Eligibility:** Families with children up to age 5 and pregnant and breast-feeding women who are at or below 185% poverty level. Call or go online to get an appointment.

**Hours:** Monday - Friday (9am - 4pm) by appointment only.

**Phone:** (970) 920-5420

**Website:** [www.aspencommunityhealth.org](http://www.aspencommunityhealth.org)

**Address:** 0405 Castle Creek Rd., Suite 201, Aspen, CO 81611



## ➤ Aspen Homeless Shelter - Day Center

**Services:** Hot evening meals, special holiday meals, groceries to go. Call ahead or stop to get more details.

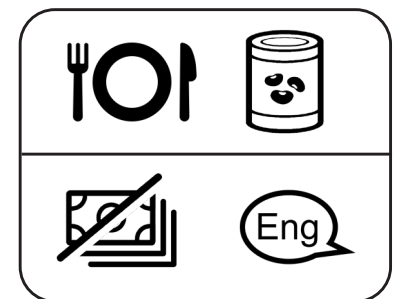
**Eligibility:** Individuals experiencing homelessness

**Hours:** Seven days a week at 6pm

**Phone:** (970) 925-1342, please call ahead

**Website:** [www.aspenhomelessshelter.org](http://www.aspenhomelessshelter.org)

**Address:** HHS 405 Castle Creek RD # 8 Aspen, CO 81611



## ➤ Mobile Pantry - from Food Bank of the Rockies and Roaring Fork and Colorado River Valley

**Services:** Food Pantry

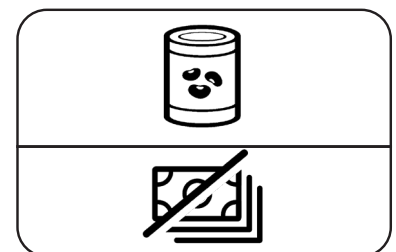
**Eligibility:** No requirements

**Hours:** Wednesday (12pm (noon) - 2pm)

**Phone:** (970) 464-1138

**Website:** <https://www.foodbankrockies.org/findfood>

**Address:** 38700 CO-82, Aspen, CO 81611 (Buttermilk)



### ➤ Food Bank of the Rockies

**Services:** Food Pantry

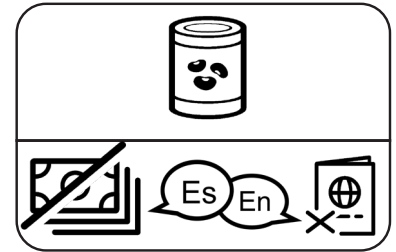
**Eligibility:** No requirements

**Hours:** Tuesday (12pm (noon) - 2pm)

**Phone:** (970) 464-1138

**Website:** <https://www.foodbankrockies.org/find-food/>

**Address:** Aspen Chapel, 77 Meadowood Dr, Aspen, CO 81611



### ➤ Lift Up Aspen

**Services:** Food Pantry. No appointment necessary.

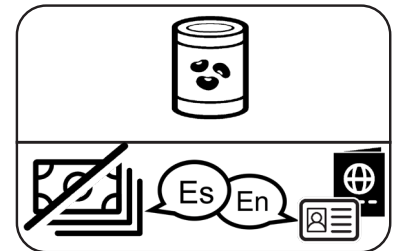
**Eligibility:** Proof of address with each visit

**Hours:** Tuesday, Wednesday, Thursday (4pm-7pm)

**Phone:** (970) 544-2009

**Website:** <https://www.liftup.org/food-distribution>

**Address:** 465 N. Mill Street #18 Aspen, CO 81611



### ➤ Aspen Community Church - Emergency Assistance

**Hours:** Monday and Thursday (10am - 2pm)

**Phone:** (970) 925-1571

**Website:** [www.aspencommunitychurch.org](http://www.aspencommunitychurch.org)

**Address:** 200 E Bleeker St, Aspen, CO 81611



### ➤ Western Slope Mobile Pantry - Aspen (Golf Club)

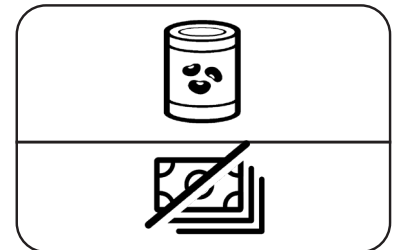
**Eligibility:** Self-declared need, no eligibility requirements

**Hours:** Wednesday (12pm (noon) - 2pm)

**Phone:** (970) 948-5128

**Website:** <https://www.foodbankrockies.org/>

**Address:** 39551 Colorado 82 St. 1 Aspen Colorado 81611



## Avon

### ➤ The Community Market - Mobile

**Services:** Distributes food bags and sets up mobile pantries. Market locations are free walk-in self-service locations. See website for details.

**Eligibility:** No requirements, anyone can attend.

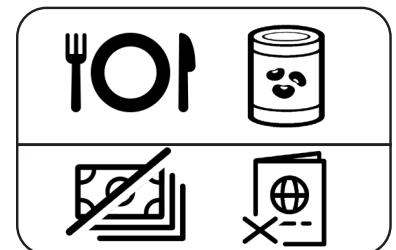
**Hours:** Wednesday (5pm - 6:30pm)

**Phone:** (970) 328-7900

**Website:** <https://eaglevalleycf.org/the-community-market/>

**Address:** Riverview (1st and 3rd weeks), 39169 US-6, Avon, CO 81620

Eagle Bend (2nd and 4th weeks), 10 Stonebridge Dr, Avon, CO 81620



# Food Resources

## Avon-Carbondale

### ➤ Vail Valley Salvation Army

**Services:** Food pantry through The Emergency Food Assistance Program. Additional financial support is offered case by case, to help cover rent, utilities, transportation, and emergency help.

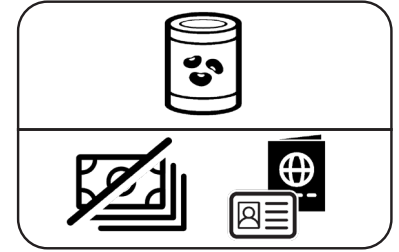
**Eligibility:** A photo ID may be requested.

**Hours:** Monday - Friday (10am - 4pm)

**Phone:** (970) 748-0704

**Website:** [https://vail.salvationarmy.org/vail\\_service\\_unit/food-assistance](https://vail.salvationarmy.org/vail_service_unit/food-assistance)

**Address:** 322 E Beaver Creek Blvd Avon, CO 81620



### ➤ Avon Eagle River Presbyterian Church

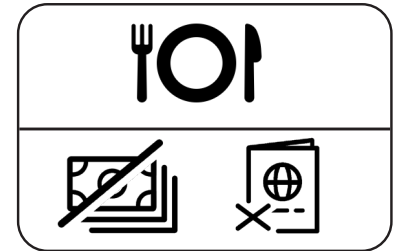
**Services:** Grab & go meals

**Eligibility:** All community members & Eagle County visitors are welcome

**Hours:** Wednesday (6pm - 7pm)

**Phone:** (970) 748-0040

**Address:** 455 Nottingham Ranch Rd. Avon, CO 81620



### ➤ Lift Up Carbondale - Mobile

**Services:** Mobile food pantry

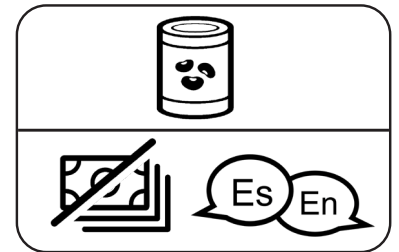
**Eligibility:** Proof of address with each visit

**Hours:** Wednesday (4pm - 6pm), second Saturday (12pm (noon) - 2pm)

**Phone:** (970) 963-1778

**Website:** <https://www.liftup.org/food-distribution>

**Address:** Third Street Center, 520 South 3rd Street, Unit 35, Carbondale, CO 81623



## Basalt

### ➤ Free Grab N Go

**Services:** Food pantries for children under 18 years of age

**Eligibility:** Only for children under 18 years of age. Visit the website [rfschools.com](http://rfschools.com) or call for information on the menu and pick-up process

**Hours:** Wednesday (4:30pm - 5:30pm)

**Phone:** (970) 384-6007

**Website:** <https://www.rfschools.com/>

**Address:** Basalt High School, 600 Southside Dr, Basalt, CO 81621



## Carbondale

### ➤ Free Grab N Go

**Services:** Food pantries for children under 18 years of age

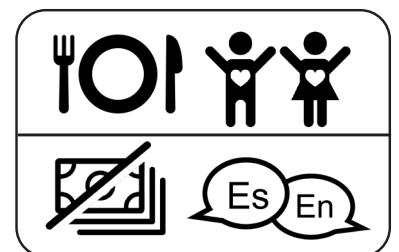
**Eligibility:** Only for children under 18 years of age. Visit the website [rfschools.com](http://rfschools.com) or call for information on the menu and pick-up process

**Hours:** Wednesday (4:30pm - 5:30pm)

**Phone:** (970) 384-6007

**Website:** <https://www.rfschools.com/>

**Address:** Roaring Fork High School, 2270 CO-133, Carbondale, CO 81623



## ➤ Lift Up Carbondale

**Services:** Food pantry. No appointment is needed.

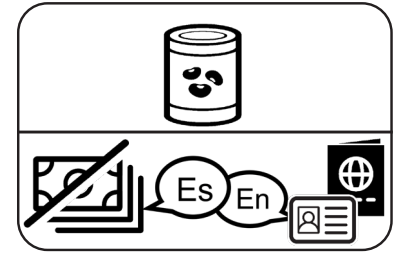
**Eligibility:** Proof of address each visit.

**Hours:** Monday (2pm - 4pm)

**Phone:** (970) 963-1778

**Website:** <https://www.liftup.org/food-distribution>

**Address:** Third Street Center, 520 South 3rd Street, unit# 35, Carbondale, CO 81623



## Dotsero

## ➤ The Community Market - Mobile

**Services:** Food pantries include fruits and vegetables. Free dinner is served in the Church at the same time.

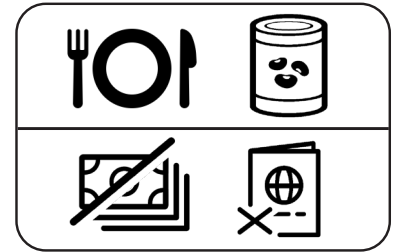
**Eligibility:** No requirements

**Hours:** Thursdays (5pm - 6:30pm)

**Phone:** (970) 328-7900

**Website:** <https://eaglevalleycf.org/the-community-market/>

**Address:** Two Rivers, 80 Lakeshore Drive, Dotsero, CO 81637



## Eagle

## ➤ The Community Market - Mobile

**Services:** Food pantries include fruits and vegetables. Free dinner is served in the Church at the same time.

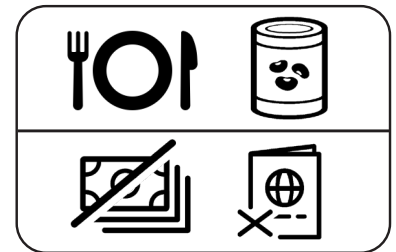
**Eligibility:** No requirements

**Hours:** Monday (4:30pm - 6pm)

**Phone:** (970) 328-7900

**Website:** <https://eaglevalleycf.org/the-community-market/>

**Address:** Eagle Methodist Church, 333 E 2nd St, Eagle, CO 81631



## ➤ United Methodist Church

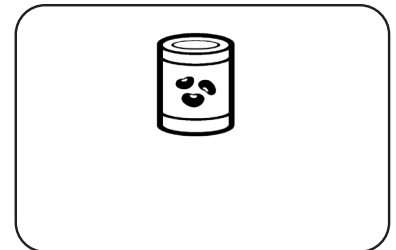
**Services:** Food Pantry

**Hours:** Monday (3:30pm - 4:30pm)

**Phone:** (970) 328-6598 **For Food Emergencies:** (970) 376-5582

**Website:** <https://www.umcofeaglevalley.org/>

**Address:** 333 2nd St Eagle, CO 81631



## Edwards

## ➤ The Community Market - Edwards

**Services:** Distributes food bags and sets up mobile pantries. Market locations are free walk-in self-service locations. See website for details.

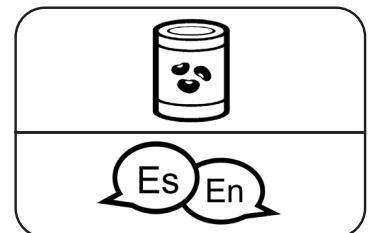
**Eligibility:** Proof of address each visit

**Hours:** Tuesday & Thursday (1pm - 6pm), Saturday (11am - 4pm)

**Phone:** (970) 328-7900

**Website:** <https://eaglevalleycf.org/the-community-market/>

**Address:** 69 Edwards Access Rd #6, Edwards, CO 81632



## El Jebel

### ➤ Mira Bus

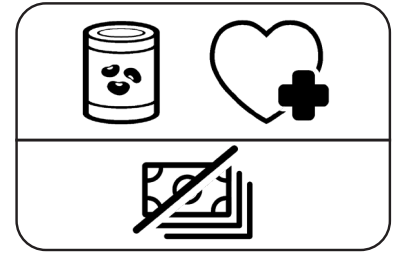
**Services:** MIRA provides FREE health and food services to the Eagle County community. To find out about grants offered each week, go to the Mira Bus Facebook page, <https://www.facebook.com/MIRABus1/>.

**Phone:** (970) 688-0001

**Hours:** Monday (1pm - 5pm)

**Website:** <http://www.miraeaglecounty.com/>

**Address:** English in Action, 33 Gillespie Drive, El Jebel, CO 81623



### ➤ Mobile Pantry - from Food Bank of the Rockies and Roaring Fork and Colorado

**Services:** Food Pantry

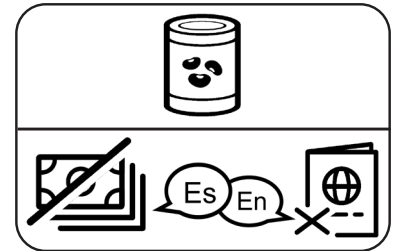
**Eligibility:** No requirements

**Hours:** Tuesday (12pm (noon) - 2pm)

**Phone:** (970) 464-1138

**Website:** <https://www.foodbankrockies.org/find-food/>

**Address:** Parque Crown Mountain, 501 Eagle Count Drive, El Jebel, CO 81623



## Glenwood Springs

### ➤ Mobile Pantry - from Food Bank of the Rockies and Roaring Fork and Colorado

**Services:** Food Pantry

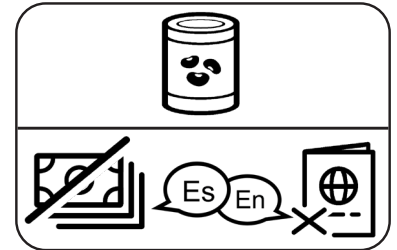
**Eligibility:** No requirements

**Hours:** Saturday (1:30pm - 2:30pm)

**Phone:** (970) 464-1138

**Website:** <https://www.foodbankrockies.org/find-food/>

**Address:** 130 Soccer Field Drive, Glenwood Springs, CO 81601



### ➤ Vail Valley Salvation Army

**Services:** Food pantry through The Emergency Food Assistance Program. Additional financial support is offered case by case, to help cover rent, utilities, transportation, and emergency help.

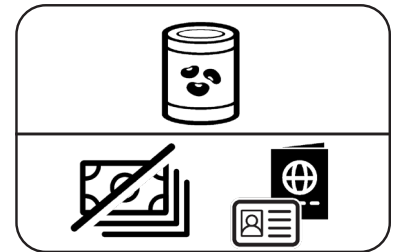
**Eligibility:** They can ask for a photo ID

**Hours:** Monday - Friday (10am - 4pm)

**Phone:** (970) 748-0704

**Website:** [https://vail.salvationarmy.org/vail\\_service\\_unit/food-assistance](https://vail.salvationarmy.org/vail_service_unit/food-assistance)

**Address:** 322 E Beaver Creek Blvd Avon, CO 81620



### ➤ Extended Table

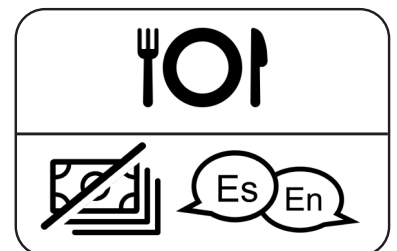
**Services:** Free meals twice a week

**Hours:** Monday - Friday (5pm - 6pm)

**Phone:** (970) 945-2005

**Website:** <https://www.liftup.org/food-distribution>

**Address:** First United Methodist Church, 824 Cooper Ave, Glenwood Springs



## ➤ Feed My Sheep

**Services:** Supports with food, hot showers, laundry, communication services, storage and care.

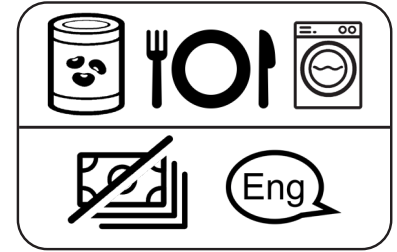
**Eligibility:** For individuals who are homeless. They accept people under the influence of alcohol.

**Hours:** 8am - 2pm

**Phone:** (970) 928-8340

**Website:** [www.feedmysheephomeslessministry.org](http://www.feedmysheephomeslessministry.org)

**Address:** 1004 Grand Ave, Glenwood Springs



## ➤ Free Grab N Go

**Services:** Food pantries for children under 18 years of age

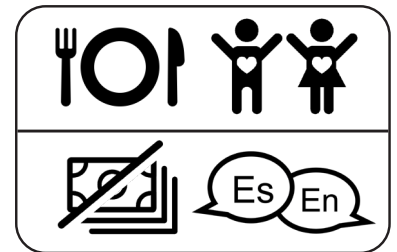
**Eligibility:** Only for children under 18 years of age. Visit the website [rfschools.com](http://rfschools.com) or call for information on the menu and pick-up process

**Hours:** Wednesday (4:30pm - 5:30pm)

**Phone:** (970) 384-6007

**Website:** <https://www.rfschools.com/>

**Address:** 1521 Grand Ave, Glenwood Springs, CO 81601



## ➤ Lift Up Glenwood Springs

**Services:** Mobile food pantry and hot dinners.

**Eligibility:** Proof of address with each visit

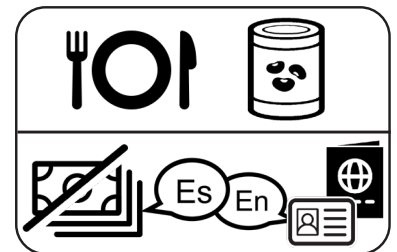
**Phone:** (970) 945-2005

**Website:** <https://www.liftup.org/food-distribution>

**Mobile Pantry:** Glenwood Church of Christ, **Address:** Primera Iglesia Metodista Unida, 824 Cooper Ave

**Hours:** Thursday (2pm - 4pm)

**Hours:** Monday - Friday (5pm - 6pm)



## ➤ Valley View Hospital: Meals on Wheels

**Services:** Meals for \$ 3.00

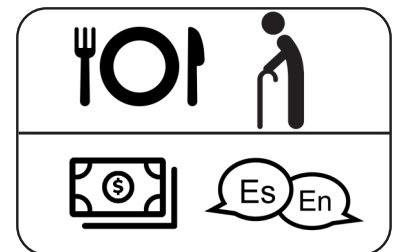
**Eligibility:** The program serves recipients 65 years of age and older, homebound or experiencing acute illness or disability leading to food insecurities. This is for residents, living within the city limits of Glenwood Springs.

**Hours:** Meals are delivered Mondays, Wednesdays, and Fridays (11:30am - 1:30pm)

**Phone:** (970) 384-6653

**Sitio web:** <https://www.vvh.org/patients-visitors/volunteer/meals-on-wheels/>

**Dirección:** 1906 Blake Ave, Glenwood Springs, CO 81601



## ➤ Glenwood Springs First United Methodist Church

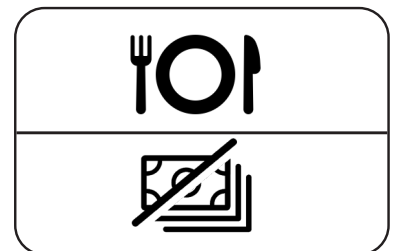
**Services:** Grab n go meals

**Eligibility:** Proof of address

**Hours:** Monday - Friday (5pm - 6pm)

**Phone:** (970) 625-4496, please call ahead

**Address:** 824 Cooper Ave. Glenwood Springs, CO 81601



## Gypsum

### ➤ The Community Market- Gypsum Warehouse

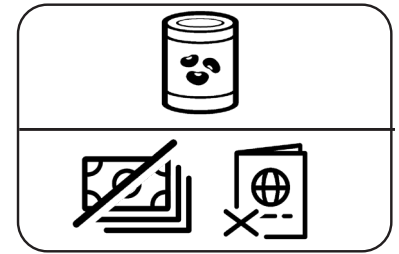
**Services:** Distributes food bags and sets up mobile pantries. Market locations are free walk-in self-service locations. See website for details.

**Hours:** Monday - Friday (10am - 4pm), Saturday (10am - 3pm)

**Phone:** (970) 328-7900

**Website:** <https://eaglevalleycf.org/the-community-market/>

**Address:** 760 Lindbergh Drive Unit #7 Gypsum, CO 81637



## New Castle

### ➤ Lift Up New Castle

**Services:** Food Pantry

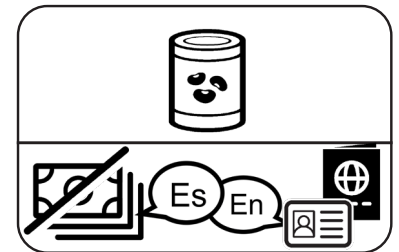
**Eligibility:** Proof of address each visit

**Hours:** Wednesday (2pm - 4pm)

**Phone:** (970) 984-2115

**Website:** <https://www.liftup.org/food-distribution>

**Address:** Cristo La Roca at 880 Castle Valley Blvd.



## Parachute / Battlement Mesa

### ➤ Lift Up Parachute

**Services:** Food Pantry

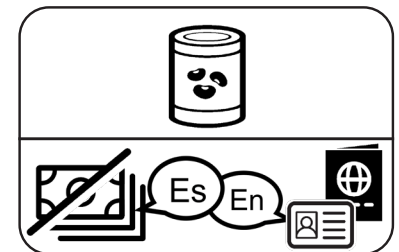
**Eligibility:** Proof of address each visit

**Hours:** Tuesday (2pm - 4pm)

**Phone:** (970) 285-0221

**Website:** <https://www.liftup.org/food-distribution>

**Address:** 201 East 1st St. Parachute, CO 81653

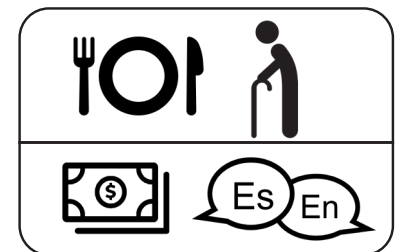


### ➤ Meals on Wheels: New Castle a Parachute

**Services:** Mobile Food Pantry

**Phone:** (970) 625-6423

**Email:** [kpeck@grhd.org](mailto:kpeck@grhd.org)



### ➤ Grace Bible Church

**Services:** Food Bank

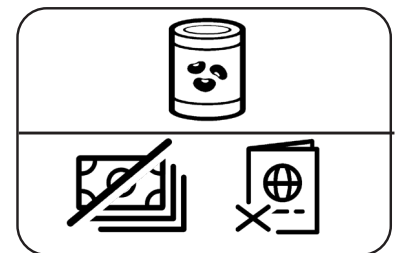
**Eligibility:** All welcome. Must e-mail your first and last name and phone number to [foodbank@aplaceofgracegbc.com](mailto:foodbank@aplaceofgracegbc.com) to RSVP one week prior.

**Hours:** 3rd Friday of the month (2pm - 4:30pm)

**Phone:** (970) 285-9862

**Website:** <https://aplaceofgracegbc.com/>

**Address:** 755 Spencer Parkway/PO Box 6248 Parachute, CO 81635





## Rifle

### ➤ Food Bank of the Rockies

**Services:** Food Pantry

**Eligibility:** No requirements

**Hours:** Saturday (10pm - 11 pm)

**Phone:** (970) 464-1138

**Website:** <https://www.foodbankrockies.org/find-food/>

**Address:** 753 Railroad Ave, Rifle, CO 81650



### ➤ Lift Up Rifle

**Services:** Mobile food pantry and dinners

**Eligibility:** Proof of address each visit

**Phone:** (970) 625-4888

**Website:** <https://www.liftup.org/food-distribution>

**Mobile Pantry:** Church of Jesus Christ of Latter-day Saints

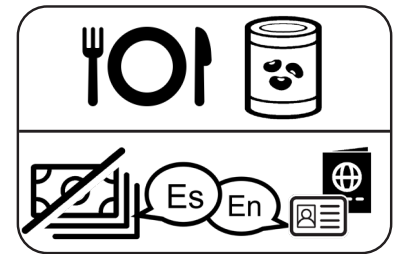
1400 Birch Ave, Rifle, CO 81650

**Hours:** Friday (2pm - 4pm)

**Address:** 200 E 4th St, Rifle, CO

81650 (in the Lowell Building of Rifle United Methodist Presbyterian Church)

**Hours:** Tuesday and Thursday (5pm - 6pm)



### ➤ Grand River Medical Center - Meals on Wheels

**Services:** There are three different diets offered: regular, diabetic, or cardiac. Each meal comes with a hot meal, which includes a protein, vegetable, and a starch. It also comes with a cold pack, which has a salad, dessert, and a milk or water.

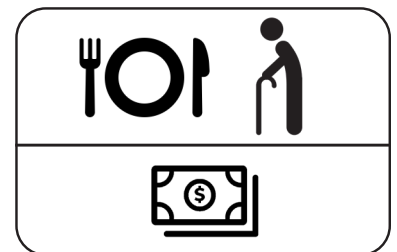
**Eligibility:** Call for guidelines; services available for older people, people with different abilities, home bound, and recovering residents of New Castle, Silt, Rifle & Parachute/Battlement Mesa. Small fee for service- call for details

**Phone:** (970) 625-6215

**Hours:** Monday - Friday (11am - 1pm)

**Website:** <https://grandriverhealth.org/your-hospital-district/volunteer-services/grhdva/meals-on-wheels/>

**Address:** 501 Airport Rd. Rifle, CO 81650



# Financial Assistance Resources

## ➤ Catholic Charities of the Western Slope: Emergency Financial Assistance

**Services:** Community Intervention, emergency assistance, homeless prevention, Gabriel House (free services for infants and young children) and immigration services.

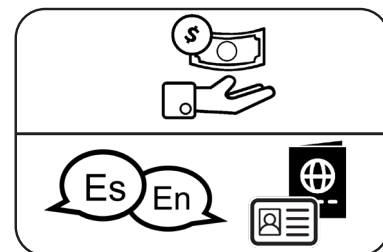
**Eligibility:** You must meet certain income requirements (this information is provided during the initial appointment). Call to schedule an appointment for needs assessment. Present photo ID, a recent utility bill, and proof of income.

**Hours:** Monday - Friday (9am - 5pm)

**Phone:** (970) 384-2060 (Glenwood Springs); (970) 949-0405 (Eagle/Avon)

**Website:** <https://ccdenvr.org/western-slope-services/>

**Address:** 1004 Grand Avenue, Glenwood Springs, CO 81601



## ➤ Goodwill Low Income Energy Assistance Program (LEAP)

**Services:** Provides financial support to pay for the cost of heating in winter.

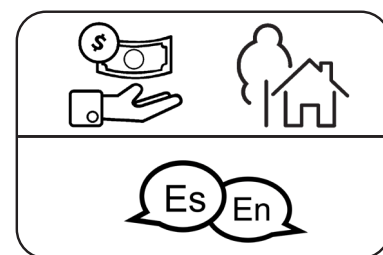
**Eligibility:** Eligibility is based on income and household size

**Hours:** Available November 1st - April 30th, please call for more information.

**Phone:** (866) 432-8435

**Website:** <http://www.discovermygoodwill.org/programs/leap>

**Address:** PO Box 36200 Colorado Springs, CO 80948-9905



## ➤ The Medichi

**Services:** Savings and Credit Club - It is supported by foundations and non-profit organizations that have a long history of serving immigrant families.

Financial Emergency Fund - It is designed to financially support those who otherwise do not have access to public or traditional funds. Financial assistance is delivered immediately upon registration at <https://www.lamedichi.info/>.

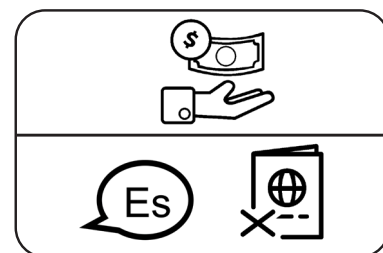
**Eligibility:** It's free. For immigrants and people who do not have access to traditional supports or public funds.

**Hours:** Monday - Friday (9am - 5 pm)

**Email:** [info@lamedichi.org](mailto:info@lamedichi.org)

**Website:** <https://www.lamedichi.info/>

**Address:** 520 S. Third Street, Suite 22A Carbondale, CO 81623



## ➤ Roaring Fork Schools - Family Resource Center

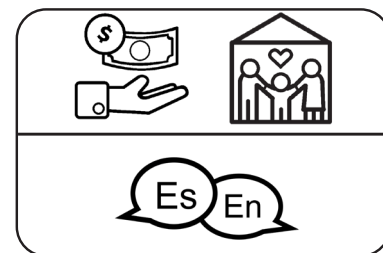
**Services:** If you need help or are concerned about the basic needs of a student or their family (food, shelter, financial security, access to health care, etc.), please email [familyservices@rfschools.com](mailto:familyservices@rfschools.com) or leave a message at (970) 384-9500 and a family liaison will follow-up.

**Phone:** (970) 384-9500

**Website:** <https://www.rfsd.k12.co.us/>

**Email:** [familyservices@rfschools.com](mailto:familyservices@rfschools.com)

**Address:** PO Box 36200 Colorado Springs, CO 80948-9905



# Financial Assistance Resources

## Eagle County

### ➤ Eagle County Human Services

**Services:** Colorado Works (TANF), Pension for Aging, Aid for the Disabled, Aid for the Blind, and Electric Power Assistance for Low-Income Households.

**Eligibility:** You must be a resident of Eagle and a citizen or legal resident of the United States and meet these eligibility guidelines. Visit the website <https://coloradopeak.secure.force.com/> to sign up for these services

**Phone:** (970) 328-8840

**Website:** <https://www.eaglecounty.us/humanservices/>

#### El Jebel

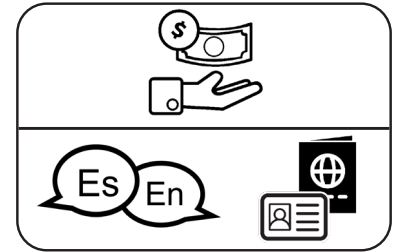
**Address:** 20 Eagle County Drive, El Jebel, CO 81623

**Hours:** Monday - Friday (9am - 3pm)

#### Eagle

**Address:** 551 Broadway St, Eagle, CO 81631

**Hours:** Monday - Friday (8am - 5pm)



## Garfield County

### ➤ Garfield County Human Services

**Services:** Colorado Works (TANF), Pension for Aging, Aid for the Disabled, Aid for the Blind, and Electric Power Assistance for Low-Income Households.

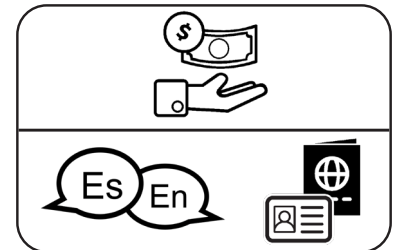
**Eligibility:** You must be a resident of Eagle and a citizen or legal resident of the United States and meet these eligibility guidelines. Visit the website <https://coloradopeak.secure.force.com/> to sign up for these services

**Hours:** Monday - Friday (8:30am - 4:30pm)

**Phone:** (970) 625-5282 EXT 3114

**Website:** <https://www.garfield-county.com/human-services/energy-assistance/>

**Address:** 195 W 14th Street Rifle, CO 81650



### ➤ River Center

#### **Services:**

**Financial Assistance:** Provides financial assistance with rent, utilities, transportation, medical, food and clothing expenses for Silt, New Castle and Rifle residents.

**School Supplied:** They provide gift cards to the six local schools helping to ensure that classrooms have necessary supplies that families cannot supply. Individual student needs for larger items can also be requested through school counselors.

#### **Crystal Mariscal Educational Scholarship:**

Payment of study programs. Please call using the number below for more information on what study programs are paid for by this scholarship.

**Eligibility:** Accept applications from residents of New Castle, Silt, and Apple Tree Park

**Hours:** Monday - Thursday (9am - 12pm (noon))

**Phone:** (970) 984-4333

**Website:** <http://rivercenternewcastle.org>

**Address:** PO Box 272, 126 N. 4th street New Castle, CO 81647



# Financial Assistance Resources

## Pitkin County

### ➤ City of Aspen's Kids First

**Services:** The City of Aspen Kids First program provides financial assistance for child care.

**Eligibility:** Serves Aspen residents. Parents are eligible to apply if:

- They have a child under the age of 5 who is attending a Pitkin County licensed child care program
- Work or live on Aspen's urban growth line
- Qualifies financially
- Work during the hours your child needs care.

**Hours:** Monday - Friday (9am - 5pm)

**Phone:** (970) 920-5363

**Website:** <https://www.cityofaspen.com/235/Kids-First>

**Address:** 215 N Garmisch St #1 Aspen, CO 81611



### ➤ Pitkin County - Low Income Energy Assistance Program (LEAP)

**Services:** Provides financial support to pay for the cost of heating in winter. It can provide up to \$ 700 for eligible families.

**Eligibility:** Eligibility is based on income and household size

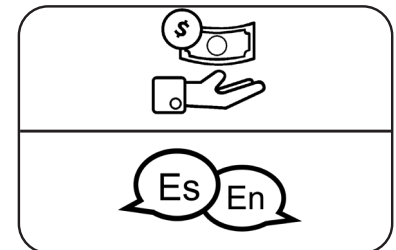
**Hours:** Monday - Friday (9am-4pm)

The program is available from November-April.

**Phone:** (970) 920-5235

**Website:** <http://www.pitkincounty.com/213/Financial-Assistance>

**Address:** 0405 Castle Creek Road, Aspen, CO 81611



### ➤ Cristo la Roca Church: Ministry of Benevolence

**Services:** Critical emergency funding

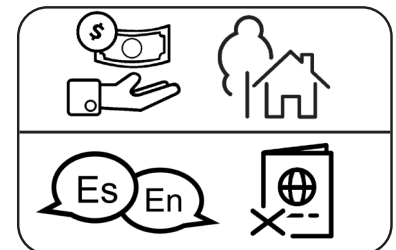
**Eligibility:** Spanish speaking required to use resource.

**Hours:** Please contact Benevolent Ministry Leader Crystal Mariscal

**Phone:** (970) 319-6276

**Website:** <http://iglesiacrystalroca.org/>

**Address:** 880 Castle Valley Blvd, New Castle, CO 81647



# Family, Children and Youth Resources

## ➤ The Buddy Program

**Services:** This organization empowers young people through mentoring experiences that help them reach a greater development potential. “The Buddy Program” runs four mentoring programs reaching youth from Aspen to Carbondale, and thanks to a grant they received, they also serve in Rifle. These programs include individual tutoring and experiential groups.

**Eligibility:** All youth

**Hours:** Vary according to the programs offered

**Website:** <https://www.buddyprogram.org>



### Aspen

**Phone:** (970) 920-2130

**Address:** 110 East Hallam Street, Suite 125 Aspen, CO 81611

### Carbondale

**Phone:** (970) 927-1001

**Address:** 520 S 3rd Street, Unit 30, Carbondale, CO 81623

## ➤ Family Visitor Program

**Services:** Emergency economic assistance for public services in Pitkin, Garfield and Eagle.

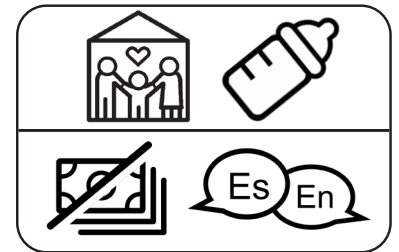
**Eligibility:** Agency offers home visits to pregnant women and fathers with children (0-3 year old) living between Aspen and Parachute. Service free of charge, regardless of income (call for more details)

**Hours:** Monday thru Friday 9 am to 5 pm

**Phone:** 970-945-1234 ex. 20

**Website:** <https://www.familyvisitor.org/>

**Address:** PO Box 1845 Glenwood Springs, CO 81602



## ➤ Youthzone - Assessment for Youth and Families

**Services:** Provides comprehensive assessment and advocacy to inspire healthy relationships between youth, families and communities.

**Eligibility:** Youth from ages 6-18 year old and families

**Hours:** Monday thru Thursday from 8:30 am to 6 pm.

**Phone:** (970) 963-0851, [info@valleysettlement.org](mailto:info@valleysettlement.org)

**Website:** <http://www.youthzone.com>

**Address:** 1901 Grand Avenue, Suite 206, Glenwood Springs, CO 81601

### Aspen

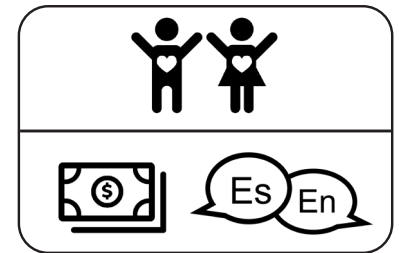
**Phone:** 970-920-5702

**Address:** 506 E Main St #203, Aspen, CO 81611

### Glenwood Springs

**Phone:** 970-945-9300

**Address:** 803 School Street Glenwood Springs, CO 81601



## Garfield County

### ➤ Ascendigo Autism Services

**Services:** Provides experiential learning opportunities for individuals with autism spectrum disorder. It offers three programs: Adventure, Life Enrichment, and Outreach.

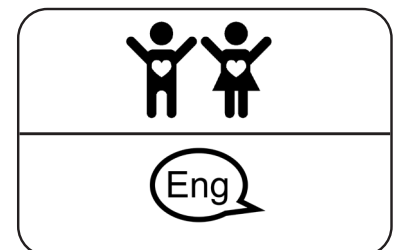
**Eligibility:** Anyone with an autism spectrum disorder.

**Hours:** Vary. Call for more information

**Phone:** (970) 927-3143

**Website:** <https://www.ascendigo.org>

**Address:** 818 Industry Place, Suite A, Carbondale, CO 81623



# Family, Children and Youth Resources

## ➤ Valley Settlement Alma Program

**Services:** Peer groups called “compañeras” are trained in the theory of Behavioral Activation and offer support at home to mothers experiencing perinatal depression.

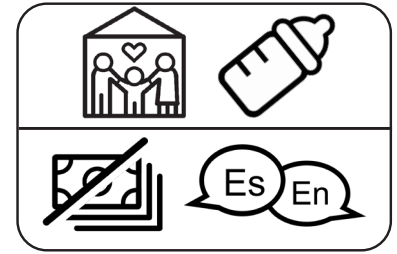
**Eligibility:** Only for women who have just had a baby.

**Hours:** Vary. Call if you need more information

**Phone:** (970) 963-0851, info@valleysettlement.org

**Website:** <https://valleysettlement.org>

**Address:** 1901 Grand Avenue, Suite 206, Glenwood Springs, CO 81601



## Pitkin County

### ➤ Aspen Youth Center

**Services:** Aspen Youth Center offers after-school programs for youth from 4th to 12th grade. You must register in advance by emailing [jay@aspenyouthcenter.org](mailto:jay@aspenyouthcenter.org). Academic support is offered through a partnership with Aspen Learning Center. For more information, please email [michaela@aspenyouthcenter.org](mailto:michaela@aspenyouthcenter.org).

**Eligibility:** Scholarships are available, and no one will be turned away for not being able to pay.

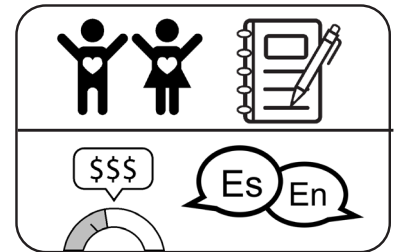
**Hours:** 2:30 pm to 6:00 pm Monday through Friday, 1:00 pm to 6:00 pm on Wednesdays.

Due to COVID 19, we are currently open from 8:30 am to 6:00 pm for extracurricular and supervised learning programs. We look forward to returning to normal hours and hours soon. We are open during school holidays, snow days, and teacher work days.

**Phone:** (970) 544-4130

**Website:** <https://aspenyouthcenter.org>

**Address:** 861 Maroon Creek Rd. Aspen, CO 81611



### ➤ Stepping Stones

**Services:** Stepping Stones is a mentoring program for youth ages 10-21 in the Roaring Fork Valley. Services are offered walk-in at two centers

#### Basic Needs

- Dinners
- Laundry and Showers
- Transportation assistance

#### Skills Development

- Workplace preparation
- Life skills
- Self-sufficiency

#### Educational Support

- Personal Tutoring
- Develop knowledge and skills
- Commitment and investment in education

#### Youth Mentoring

- Positive and impactful adult leadership
- Continuity of care
- Support for youth and families

#### Outdoor Recreation

- Unique outdoor experiences
- Free recreational activities
- Epic Adventures

#### Learning Through Experiences

- Practical Learning
- Participation in the community
- Consultation, Awareness and Leadership

**Eligibility:** Youth from 10 to 21 year old

**Hours:** Each program has its own schedule. Dinners are served from Monday through Friday from 3 pm to 6 pm for young adults at 1010 Garfield Avenue, Carbondale, CO 81623. For youth ages 10 to 14, dinners are served from Monday through Friday from 3 pm to 6 pm, except Wednesdays from 1 pm to 5pm, at 1154 HWY 133, Carbondale, CO.

**Phone:** (970) 240-2100 **Website:** <https://www.stepsstonesrfv.org> **Address:** 1010 Garfield Avenue, Carbondale, CO 81623



# Family, Children and Youth Resources

## ➤ Aspen Valley Ski & Snowboard Club

**Services:** Supports young people to excel in the sport of snowboarding

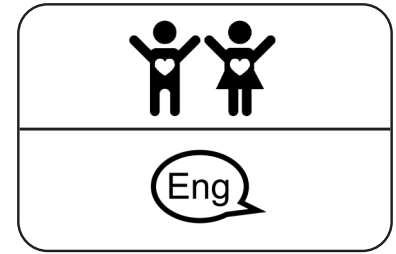
**Elegibility:** All ages.

**Hours:** From 9 am to 5 pm.

**Phone:** (970) 205-5100 or 5101

**Website:** <http://www.teamavsc.org/>

**Address:** 300 AVSC Drive, Aspen, CO 81611



# Immigrant Resources

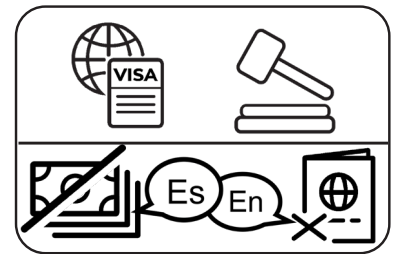
## ➤ Alpine Legal Services

**Services:** Free 15 minute telephone consultations with an attorney to address immigration issues, family cases, and general civil litigation matters

**Elegibility:** Immigration assistance

**Phone:** (970) 368-2246

**Hours:** Wednesday, from 5 pm to 7 pm, on specific dates:



### Immigration

September 1st  
October 6th  
November 3rd  
December 1st

### Family Cases

September 8, 15 and 29  
October 13 and 20  
November 10 and 17  
December 8, 15 and 29

### Civil Litigation

September 22nd  
October 27th  
November 24th  
December 22nd

## ➤ Catholic Charities - Garfield, Eagle & Pitkin Counties

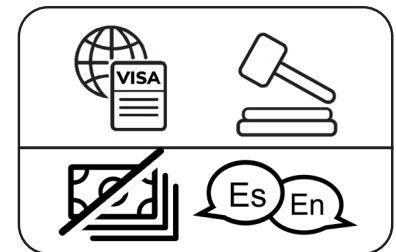
**Services:** Community Intervention, Emergency Assistance, Preventive Loss of Home Assistance, Gabriel House (free services for infants and children)

1. They provide advice, assistance and legal representation on issues of:

- Family visa processing
- Naturalization / Citizenship
- Defense of Deportation
- Deferred Action for Childhood Arrivals / DACA

2. Educate community on immigration matters:

- Legal Aid Clinic Nights
- Free community training on immigration law and protection against unauthorized practices



**Website:** <https://ccdenver.org/immigration-services/>

**Phone: Pitkin and Eagle:** (970) 949-0405 **Garfield:** (970) 384-2060, Ext 1552

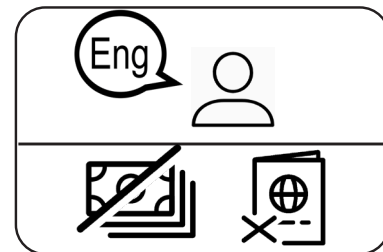
**Address:** Garfield County: 1004 Grand Ave. Glenwood Springs, CO 81601

# Immigrant Resources

## ➤ English In Action

### Services:

- **Individual Tutoring:** Personalized tutoring is the heart of 'English In Action'. Adults who want to improve their English skills are assigned to volunteer tutors. Due to COVID-19, we are connecting new mentoring pairs virtually. Couples meet one hour a week
- **Open Hours:** Created to give the students on our waiting list a way to start learning English right away. At 'Open Hours' a group of advanced 'English In Action' students have a way of giving back to the community and helping new people looking to learn English. 'Open Hours' is an informal walk-in class, currently offered at Zoom, every Thursday from 6 to 7:30 p.m.
- **Small Group Tutoring:** Offers students the opportunity to learn practical English within the space of a small group
- **Community Participation Activities:** 'English In Action' believes that once students have learned more English, it is also important to help them find ways to use that English and participate more fully in the community



**Elegibility:** Any immigrant who whises to learn English

**Phone:** 970.963.9200 [info@englishinaction.org](mailto:info@englishinaction.org)

**Website:** <https://www.englishinaction.org>

**Address:** Two meeting locations: 33 Gillespie Drive El Jebel, CO 81623 and at the Library in Aspen (appointment only)

## ➤ The Medichi

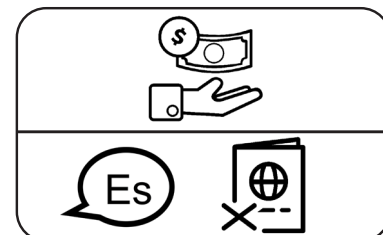
### Services:

- **Savings and Credit Club:** It is supported by foundations and non-profit organizations that have a long history of serving immigrant families
- **Financial Emergency Fund:** Designed to financially support those who otherwise do not have access to public or traditional funds. Financial assistance is delivered immediately upon registration.

**Elegibility:** Free. For immigrants and people who do not have access to traditional supports or public funds.

**Website:** <https://www.lamedichi.info/>

**Address:** 520 S. Third Street, Suite 22A Carbondale, CO 81623



## ➤ Raising a Reader

**Services:** Helps families with children from birth to age five to develop, practice, and maintain literacy habits at home, which are essential for the success in school and in life. 'Raising A Reader' helps organizations work directly with parents to help, develop and share reading habits.

**Elegibility:** Free. Any family with children ages 0-5, regardless of legal status and living in any municipality from Aspen to Parachute.

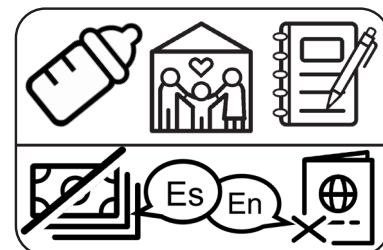
**Hours:** 9 am to 5pm Monday thru Friday

**Phone:** (303) 800-7610 **Spanish Line:** (970) 309-7888

**Website:** <https://www.raisingareader.org> **Email:** [info@rar4kids.org](mailto:info@rar4kids.org)

**Spanish website:** <https://www.facebook.com/RARAspenToParachuteEspanol>

**Address:** 817 Colorado Avenue #205 Glenwood Springs, CO 81601





# Immigrant Resources

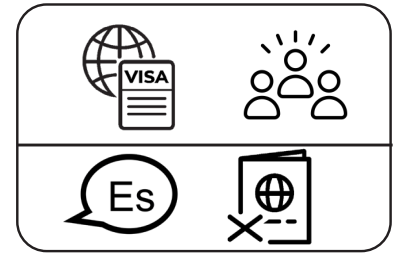
## ➤ Emergency Resources - Aspen to Parachute

**Services:** Facebook page in Spanish, community resources and emergency matters affecting RFV residents and Aspen to Parachute community

**Hours:** Monday thru Friday 8 am to 5 pm

**Point of Contact:** Direct message the content manager of the Facebook page, Iliana Renteria

**Website:** <https://www.facebook.com/groups/197961888172645>



## ➤ Sana- Safe and Abundant Nutrition Alliance

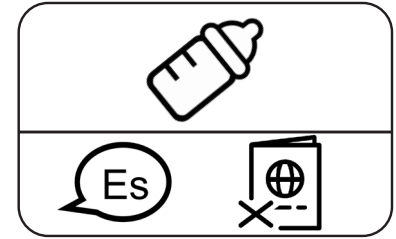
**Services:** Coalition of community members, organizations and government agencies working to find equitable solutions to food insecurity in the community. They offer child nutrition programs and connect families who may be at risk of hunger with the resources for which they are eligible

**Eligibility:** Any family in Garfield, Pitkin and Eagle counties

**Phone:** (303) 800-7610

**Website:** <https://www.facebook.com/2020SANA>

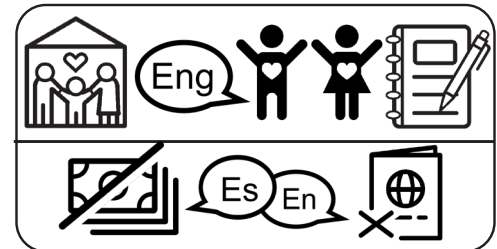
**Hours:** Depends on the program, and the coordination of home services.



## ➤ Valley Settlement

**Services:** Valley Settlement has six free programs that support Latinx immigrants:

- **Learning with Love:** 48 parents and their infants attend classes and receive visits in their homes using the Parents as Teacher model
- **El Busesito Preschool:** Three preschool buses provide high-quality bilingual education to 96 children in 12 neighborhoods throughout the Valley
- **Mentor Parent:** Originally created as a bridge between Latinx families and schools, Parent Mentors dedicate around 15,000 volunteer hours annually to support students..
- **Adult Education:** 100 willing adults take literacy courses in English, Spanish, computer science, math, and more. Parents have reported that they are able to support their children with homework. They also feel more involved with the community.
- **Family, Friends and Neighbors:** Informal caregivers commit to a two-year training and home visiting program, improving the quality and health care of more than 140 children in the Roaring Fork Valley.
- **Alma:** Peer groups called “Compañeras” are trained in Behavioral Activation theory and offer home support to mothers experiencing perinatal depression.



**Eligibility:** Each program has its requirements, depending of the Latinx community they serve. Some programs are for fathers, others for women who just had a baby. Check which program interests you and please contact us by phone or email at [info@valleysettlement.org](mailto:info@valleysettlement.org).

**Phone:** (970) 963-0851

**Website:** <https://valleysettlement.org>

**Hours:** Vary. If you need more information, please contact us via phone call.

**Address:** 1901 Grand Avenue, Suite 206, Glenwood Springs, CO 81601

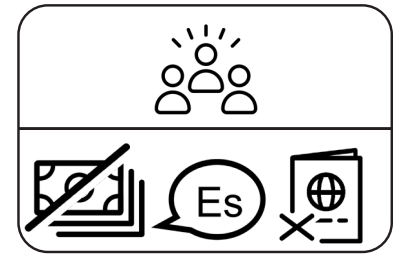
# Immigrant Resources

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## ➤ Voces Unidas de las Montañas

**Services:** Create opportunities where Latinas and Latinos learn to advocate for themselves, actively participate in all civic institutions, and take leadership roles at all decision-making meetings affecting Latinx. ‘Voces Unidas de las Montañas’ is an advocacy organization and not a direct service provider. Next, the organization’s programs:

- **El Instituto Lideres:** Offers professional trainings such as workshops and more formal courses that prepare and place leaders at decision-making tables in the valley.
- **El Latino Network:** Serves as a leadership and networking support structure for active leaders. This group meets once a month and focuses on relevant topics to help leaders continue to thrive in their leadership environments.
- **Advocacy Projects:**
  - Voces Unidas organizes and mobilizes Latino and Latino leaders to change inequitable systems. These advocacy programs focus on social justice issues, including transportation, housing, health care, public education, economic mobility, and others.
  - Voces Unidas oversees local elections to ensure our right to the first amendment is protected.
  - Voces Unidas offers a voter guide that helps residents of Garfield, Eagle and Pitkin counties learn more about where to vote. They also post their opinions on state and local voting issues.
- **Promotora:** Help Latinx community who tests positive or have been exposed and need additional one-on-one, culturally competent support to access care and resources



**Elegibility:** Programs are for Latinx community and free of charge

**Phone:** (970) 340-8501

**Website:** <https://www.vocesunidas.org>

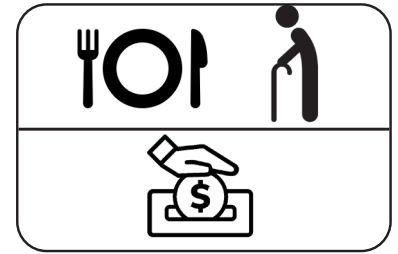
**Hours:** Depends on the project

**Address:** P. O. Box 3157, Glenwood Springs, CO 81601

# Senior Resources

## ➤ Garfield County Senior Meal Program

**Services:** Picked up hot and nutritious meals to take home at a delivery center. Each meal provides at least one-third of the recommended daily dietary intake for adults and includes meat, starch, vegetables or salad, bread and butter, 2% fat milk or buttermilk, and dessert or fruit. Home deliveries are made. Call for more information on home services. Menus for all meal delivery centers are delivered monthly and are available at nutrition sites or the Senior Programs office.



**Eligibility:** Adults over 60 and their spouses

**Hours:** Food pick-up is every day from Monday to Friday from 12 pm to 12:30 pm in a different municipality. To make your reservation, call before 12 noon, two days before the day you want to receive the service. Read below the days of food collection and municipalities.

- Monday in New Castle and Glenwood Springs - call to reserve on Thursday before 12 noon
- Tuesday in Rifle - call to reserve on Friday before 12 noon
- Wednesday in Parachute, Silt and Carbondale - call to reserve Monday before 12 noon
- Thursday in Rifle - call to reserve on Tuesday before 12 noon
- Friday in Rifle and Glenwood Springs - call to reserve on Wednesday before 12 noon

**Phone:** For questions you can contact Judy Martin, Manager of Adult Programs at 945-9191 ext. 3061 or by email at jumartin@garfield-county.com

**Website:** <https://www.garfield-county.com/human-services/senior-services/>

### Carbondale

**Phone:** (970) 945-9117

**Address:** 110 Snowmass Drive, "Roaring Fork & Spoon"  
Crystal River Elementary

### New Castle

**Phone:** (970) 665-0041

**Address:** 'The Gathering' (Castle Valley Senior Housing),  
201 Castle Valley Blvd, New Castle

### Rifle

**Phone:** 970-665-6540

**Address:** 'Senior Delight' (Rifle Senior Center), 50 Ute  
Drive, Rifle, CO

### Glenwood Springs

**Phone:** (970) 665-0041

**Address:** 1402 Blake, Glenwood Springs en Chat n Chew,  
en el Colegio de Mountain College

### Parachute

**Phone:** (970) 285-7216

**Address:** Valley Senior Center, 540 N. Parachute Avenue,  
Parachute CO

### Silt

**Phone:** 970-665-6540

**Address:** 'Meet n' Eat' (Silt Town Center), 600 Home  
Avenue, Silt, CO

# Senior Services

## Eagle County

### ➤ Eagle County Senior Services - Eagle, El Jebel, Minturn

**Services:** Meals to take home and with home delivery: 2 times a week for adults over 60 years of age who cannot leave their home or for adults with different capacities.

**Elegibility:** All Eagle county residents

**Lunch service hours:**

- Eagle: Tuesday and Thursday 12 p.m.
- El Jebel: Tuesday and Thursday 12 p.m.
- Minturn: Wednesday and Friday 12 p.m.

**Phone:** See the address and telephone number of each county office below.

**Website:** <https://www.eaglecounty.us/publichealth>



**Avon**

**Phone:** 970-328-9813

**Address:** 100 W. Beaver Creek Blvd. 107 Avon, Colorado 81620 Crystal River Elementary

**El Jebel**

**Phone:** 970-328-9586

**Address:** 20 Eagle County Drive, Suite E, El Jebel, Colorado 81623

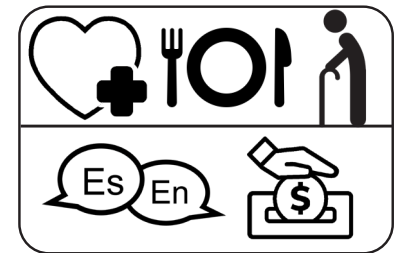
**Eagle**

**Phone:** 970-328-8840

**Address:** 551 Broadway Eagle, Colorado 81631

### ➤ Healthy Aging Program

**Servicios:** Fitness classes are available throughout Eagle County. Seniors 60 and older are required to make a small or voluntary donation for most classes. There is a maximum capacity of 10 participants. Specific fitness activities are listed in the center's newsletter. Classes, workouts and social opportunities are now offered at the Avon Recreation Center every Monday from 10 a.m. at 12 p.m. You can finish your morning exercise routine with a light lunch to take home.



**Avon**

**Phone:** 970-328-8831.

**Eagle**

**Phone:** 970-328-8896

**Address:** Golden Eagle Senior Center, 715 Broadway, Eagle, CO 81631

**El Jebel**

**Phone:** 970-379-0020

**Address:** Community Building, 20 Eagle County Dr. Ste E, El Jebel, CO 81623

**Minturn**

**Phone:** 970-328-8831

**Address:** 1 Academy Loop, Minturn, CO 81645 en Vail Ski y Snowboard Academy/Maloit Park Senior Space, Room 105

### ➤ Memory Loss Support Group

**Services:** These support groups are offered to families and caregivers of those with advanced memory loss

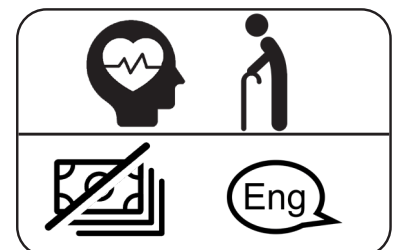
**Elegibility:** Adults older than 60 and their spouses

**Hours:** They take place the second Tuesday of the month, from 4:30 pm to 6 pm.

**Phone:** (970) 445-0312

**Website:** <https://www.getcaregiverconnections.org/caregiver-support>

**Address:** Eagle River Presbyterian Church on Avon.



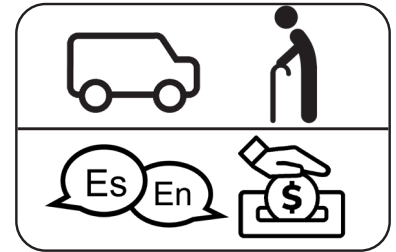
# Senior Services

## ➤ Transportation Services

**Services:** Transportation service from your home to senior centers every day meals are served. Additionally, senior buses offer transfers to run errands and buy groceries.

**Eligibility:** Those 60 and older are encouraged to make a donation of \$ 2.00 for transfers within the county.

**Phone:** (970) 328-8831

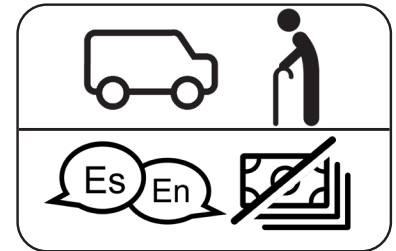


## ➤ Volunteer Drivers Program

**Services:** The Eagle County Healthy Aging Program runs a volunteer driver program that assists with the transportation of seniors to important appointments and destinations. Volunteers 55 and older are reimbursed for miles

**Phone:** 970-328-8896

**Email:** healthyaging@eaglecounty.us



## Pitkin County

### ➤ Pitkin County Senior Center Lunch Program

**Services:** Picked up hot and nutritious meals to take home at a delivery center. For home delivery or meal pickup, call ahead to sign up. The home delivery area is limited. A donation of \$ 4 to \$ 5 is recommended based on your income; however, there is no charge for meals and the eligible participant will not be denied service if unable to contribute. It is currently only available for home delivery or pickup. Call for more information.

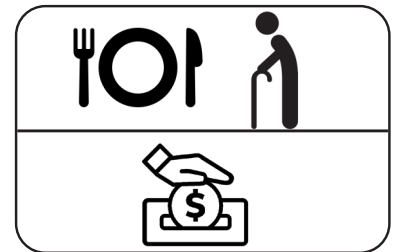
**Eligibility:** Adults over 60 years of age. For people living in Aspen: Woody Creek, Aspen Village and Snowmass Village.

**Hours:** Monday, Wednesday, Thursday and Friday, from 12 p.m. at 12:30 p.m. RSVP 24 hours in advance by calling 970-429-6161.

**Phone:** 970-920-5432

**Website:** <https://www.pitkinseniors.com/lunch--eating--well.html>

**Address:** 0275 Castle Creek Rd Aspen, CO 81611



# Health Resources

## ➤ Aspen Hope

**Services:** Offers a variety of mental health services. These are crisis intervention, suicide prevention, mobile crisis response, counseling, confidential Hope Line phone line - 24 hours a day, 7 days a week, and provider referrals.

Hope Center strives to decrease the stigma surrounding mental health and reduces the stress of navigating this system. Hope Center partners with the RE 1 school district to provide all crisis services and preventive education programs in the district's schools

**Hours:** Depends on the program. For more information, contact us via phone call.

**Phone:** (970) 925-5858

**Crisis Line:** Aspen: (970) 925-5858, Garfield: (970) 945-3728

**Website:** <https://www.aspenhopecenter.org>

**Address:** PO Box 1115, Basalt, Colorado 81621



## ➤ Aspen Strong - For Mental and Emotional Well-Being

**Services:** The organization's goal is to inspire a movement that promotes healthy community dialogue where suicide is recognized as preventable, and where mental well-being is accepted and supported within a community and organizational structure. Aspen Strong raises awareness and improves mental health in the Roaring Fork Valley by creating financial resources, bringing together mental health professionals and agencies; and supporting and implementing results-oriented education and action projects.



### Changing Brains, Changing Lives

It is a collaborative effort that covers the entire Roaring Fork Valley and provides an educational opportunity for community members, professionals, and mental health workers to increase their emotional literacy and empower their understanding and awareness of mental health for themselves, for their families and the community. The symposium focuses on the neurosciences of the brain by providing education and strategies that support and enhance the individual's ability to be present in this moment and be resilient to future challenges.

### Time to Talk

Join Aspen Strong to share and heal trauma in a safe and confidential environment. Talks take place on the second Wednesday of each month. The facilitators of this group, Lawrence Altman, Co-Founder of Aspen Strong, and Andy Godfrey, Board Member, have faced their own personal trauma and invite you to join in sharing

**Register here:** <https://aspenstrong.org/2020/12/06/time-to-talk/>

Limited to 20 participants.

# Health Resources

## Aspen

### ➤ Community Health Services

**Services:** Women's health, immunizations, sexually transmitted diseases, dental services, prenatal and cancer screening programs. Referrals to WIC and provides information about contagious diseases, such as Ebola, tuberculosis, and hepatitis c.

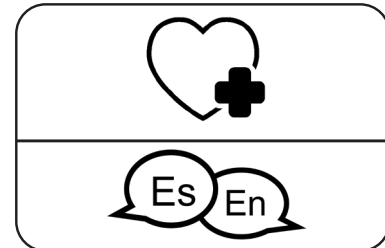
**Eligibility:** Community Health Services programs comply with Federal Civil Rights Laws and will not or will not discriminate against anyone based on race, color, national origin, gender, sexual orientation, religion, age, immigration status, veteran status, for have different capacities, by variety of gender or any other legally protected status. Discrimination has no place at Community Health Services and is contrary to the organization's core values of inclusion, respect, and compassion.

**Hours:** Monday to Friday from 9 am to 4 pm

**Phone:** (970) 920-5420

**Website:** <https://www.aspencommunityhealth.org>

**Address:** 0405 Castle Creek Rd. Suite 201 Aspen, CO 81611



### ➤ Mind Springs Health - For Mental and Emotional Well-Being

**Services:** Types of mental afflictions that are supported: They support individuals living with: anxiety and stress disorders; panic disorders, bipolar disorder, depression, including postpartum depression, extreme anger / dangerous mental behaviors, attention deficit / hyperactivity disorder (ADHD), obsessive compulsive and related disorders, personality and feeling disorders, schizophrenia and other psychotic disorders, drug and alcohol abuse addictions, and post-traumatic stress disorder.

**Types of Services:** Individual therapy; parent-child interaction therapy, parenting education, psychiatric services, school-based therapy, intensive services, group therapy, family therapy, trauma-focused therapy, play therapy, and behavior change therapy

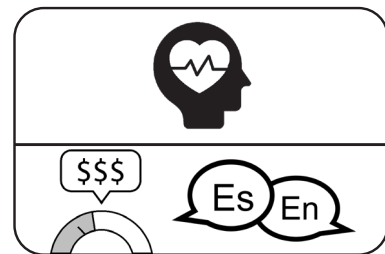
**Eligibility:** They offer services to anyone regardless of their ability to pay. They accept insurance and accept reduced payment according to the income of the patient

**Hours:** Monday to Friday from 8am to 5pm

**Phone:** Spanish (970)683-7289 SpanishLine@mindspringshealth.org

**Website:** [www.mindspringshealth.org](http://www.mindspringshealth.org)

**Address:** 0405 Castle Creek Road, Suite 207 Aspen, CO 81611



# Health Resources

## ➤ Response

**Services:** Support for victims of sexual and domestic violence, their families and close people. Each service is confidential, culturally inclusive, and competent.

- Crisis intervention
- Identification of options
- Information, resources and referrals to other agencies
- Security planning
- Assistance with temporary protection orders
- Immigration services for survivors
- Human trafficking support services
- Support for sexual harassment
- Support for civil and criminal justice cases, including navigation in the judicial system and victims' compensation
- Accompanying a victim to the doctor or hospital

**Hours:** Monday to Friday, from 9 am to 5 pm

**Phone:** (970)920-5357

**Victim Support Hotline:** (970)925-SAFE (7233)

**Website:** <https://www.responsehelps.org>

**Address:** 405 Castle Creek Road, Suite 203, Aspen, CO 81611



## Basalt

### ➤ Comfort Dental

**Services:** Dentistry.

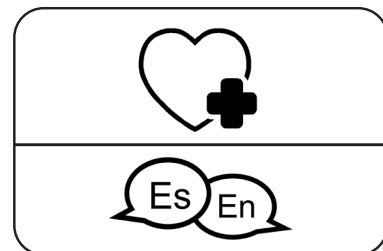
**Eligibility:** Private insurance, Medicaid, based on income (pay what you can)

**Hours:** Monday to Friday, 7:30 a.m. to 7:30 p.m., Saturday, 7:30 a.m. to 1:30 p.m.

**Phone:** 970-927-4666

**Website:** <https://www.midvalleyfamilypractice.org/>

**Address:** 1450 E Valley Road, # 102, Basalt



### ➤ Midvalley Family Practice

**Services:** Medical, dental, behavioral health (therapeutic), and mental health

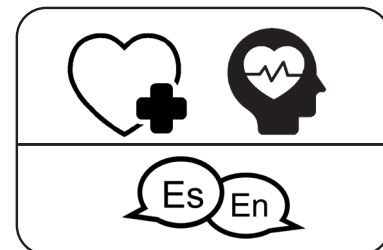
**Eligibility:** Private Insurance, Medicaid, Medicare, Cash and Income Based.

**Hours:** Monday through Thursday, from 8 am to 5 pm, and Friday from 8 am to 4:30 pm

**Phone:** 970-927-4666

**Website:** <https://www.midvalleyfamilypractice.org/>

**Address:** 1450 E Valley Road, # 102, Basalt





# Safety and Emergency Resources

## ➤ 911

The 911 telephone number is used to report crimes and situations where a person's life or property is at imminent risk of harm. Examples of situations that warrant calling 911:

- Theft in process
- Fire
- A fight or assault in full swing
- A medical emergency
- An accident where there are injured people



Dialing 911 is the quickest and easiest way to contact local fire, police and medical services during an emergency. You have to stay CALM. It is easier to share vital information if you are calm and listen to the questions asked.

BREATHE DEEPLY.

The questions the 911 operator will ask you are simple:

- What is the address of the emergency?
- What is the phone number he is calling from?
- Tell me exactly what happened.

The more information you can give dispatchers, the better they can serve you. Always be the last to hang up the call. In this way, you will ensure the dispatcher will have all the necessary information about the emergency.

Calling 911 is the most effective way to answer your call. Only in cases where you are in an area where you cannot call 911, you can then text 911 numbers and connect that way. Calling 911 as a prank is a felony.

## ➤ Aspen to Parachute Resources and Emergency

**Services:** Information network on Facebook, about the Coronavirus and other emergency affecting residents of the Roaring Fork Valley, or communities from Aspen to Parachute

**Point of Contact:** Post a message to the manager of the page, Iliana Rentería, on the page:

<https://www.facebook.com/groups/197961888172645>

**Service Areas:** Garfield, Eagle and Pitkin counties



## Garfield County

### ➤ Garfield County Communications Center-Dispatch: Dispatch Center

**Service Area:** Garfield county

**Phone:** (970) 625-8095

**Website:** <https://garco911.com/>



### ➤ Battlement Mesa Police Department - Served by Garfield County Sheriff's Office

**Service Area:** Municipality of Battlement Mesa

**Phone:** (970) 625-8095

**Address:** 1777 South Battlement Parkway, Battlement Mesa, CO 81635

**Website:** <http://www.battlementmesacolorado.com/police>



# Safety and Emergency Resources

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## ➤ **Carbondale Police Department**

**Service Area:** Township de Carbondale

**Phone:** (970) 963-2662

**Address:** 511 Colorado Ave., Suite 911 Carbondale, CO 81623

**Website:** <https://www.carbondalegov.org/departments/police/index.php>



## ➤ **New Castle Police Department**

**Service Area:** Municipality of New Castle

**Phone:** (970) 984-2304

**Address:** 39053 US-6, New Castle, CO 81647

**Website:** <https://www.newcastlecolorado.org/police>



## ➤ **Parachute Police Department- Served by Garfield County Sheriff's Office**

**Service Area:** Municipality of Parachute

**Phone:** (970) 285-9127

**Address:** 77 Tamarisk Trail, Parachute, CO 81635

**Website:** <http://www.parachutecolorado.com/>



## ➤ **Rifle Police Department**

**Service Area:** Municipality of Rifle

**Phone:** (970) 665-6500

**Address:** 201 18th St, Rifle, CO 81650

**Website:** <https://www.rifleco.org/17/Police-Department>



## ➤ **Silt Police Department**

**Service Area:** Municipality of Silt

**Phone:** (970) 876-2735

**Address:** 231 N 7th Street, Silt, CO 81652

**Website:** <http://www.siltcoloradopolice.com/>



## Eagle County

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### ➤ **Eagle County Communications Center-Dispatch - Dispatch Center**

**Service Area:** Eagle county

**Phone:** (970) 479-2201

**Website:** <http://www.vail911.com/eagle-county-911-authority-board>



### ➤ **El Jebel Police Department**

**Service Area:** El Jebel Municipality

**Phone:** (970) 704-2720

**Address:** 20 Eagle County Road, Carbondale CO 81623

**Website:** <https://www.eaglecounty.us/sheriff>



## Pitkin County

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### ➤ **Pitkin County Communications Center-Dispatch - Dispatch Center**

**Service Area:** Pitkin county

**Phone:** (970) 920-5310

**Website:** <https://www.pitkincounty.com/337/Emergency-Dispatch>



# Security and Emergency Services

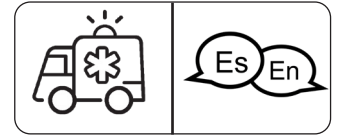
## ➤ Aspen Policy Department

**Service Area:** Town of Aspen

**Phone:** (970) 920-5400 (Spanish help is available, if requested)

**Address:** 540 E Main St, Aspen, CO 81611

**Website:** <https://www.cityofaspen.com/404/Police>



## ➤ Basalt Police Department

**Service Area:** Town of Basalt

**Phone:** (970) 927-4316

**Address:** 100 Elk Run Drive Suite 115 Basalt, CO 81621, at the corner of Two Rivers Road and Elk Run Drive

**Website:** <http://www.basalt.net/138/Police>



## ➤ Snowmass Police Department

**Service Area:** Municipio de Snowmass

**Phone:** (970) 923-5330

**Address:** 130 Kearns Road P.O. Box 5010 Snowmass Village, CO 81615

**Website:** <https://tosv.com/>

**Hours:** Monday - Friday (8am - 5pm)



# Transportation Resources

## ➤ A Little Help

**Services:** Transportation assistance, house work support, gardening, snow removal, calls and visits to check on a person's status.

**Eligibility:** Senior Services. Donations are accepted.

**Hours:** Depends on the service. Office Hours are Monday - Friday (9am - 4pm)

**Phone:** (970) 404-1923

**Website:** <https://www.alittlehelp.org/Transportation>

**Address:** 1004 Grand Avenue, Glenwood Springs, CO 81601

**Admission process:** Apply for services on website or call.



## ➤ Catholic Charities of the Western Slope - Asistencia Financiera para Transportación

**Services:** Emergency financial assistance to pay for public transportation in Pitkin, Garfield and Eagle counties. Walk-ins welcome, but appointments are preferred

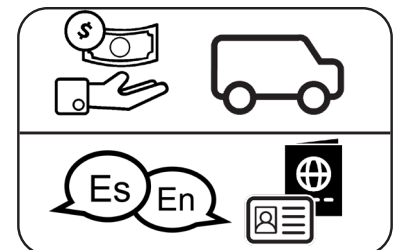
**Eligibility:** You need to bring a picture ID, a recent utility bill, and proof of income. Call to schedule an appointment.

**Hours:** Monday - Friday (9 am - 5pm)

**Phone:** (970) 384-2060

**Website:** <http://www.ccdenvr.org/western-slope-services/>

**Address:** 1004 Grand Avenue, Glenwood Springs, CO 81601



# Transportation Resources

## ➤ Mountain Ride Transportation Resource Center

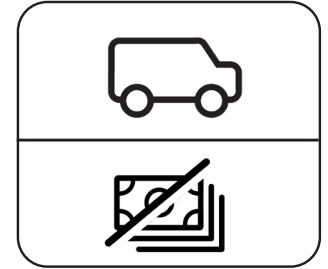
**Services:** Coordinates transportation for veterans, seniors, people with disabilities, or travelers with Medicaid who need to go to a medical appointment.

**Eligibility:** For veterans, seniors, people with different abilities or travelers with Medicaid.

**Service Area:** Eagle, Garfield and Pitkin County

**Phone:** (970) 468-0295

**Website:** <http://mtnride.org/>



## ➤ Garfield County - The Traveler Transportation Service

**Services:** de Carbondale a Grand Junction.

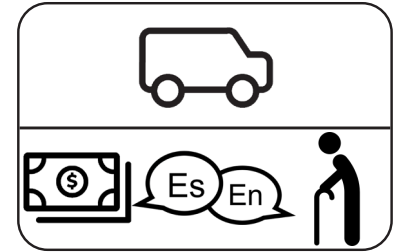
**Eligibility:** Para personas con distintas capacidades. Solicite vía página web.

**Hours:** Monday - Friday, (8am - 5pm)

**Phone:** (970) 625-1366 or (970) 945-9117

**Website:** <https://www.rfta.com/paratransit/garfield-county-traveler/>

**Fare:** \$2 per trip within the city and \$3 per trip between cities



## ➤ Pitkin County - Senior Transportation Services

**Services:** Senior Van (only for medical appointments), RFTA bus service, and paratransit.

**Eligibility:** For adults over 60 and people with different abilities

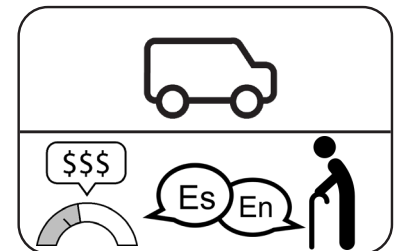
**Hours:** Vary according to the type of service.

**Phone:** (970) 920-5432 **Senior Van and Paratransit (RFTA):** (970) 384-4897, any other transportation request, call Senior Services

**Website:** <https://www.pitkinseniors.com/transportation.html>

**Address:** 0275 Castle Creek Road, Aspen, CO 81611

**Fare:** Varies according to the service and some services are free.



## ➤ Eagle County Human Services - Senior Transportation Services

**Services:** Senior Van and bus services in Western Eagle County.

**Eligibility:** 60+ years old and people with different abilities.

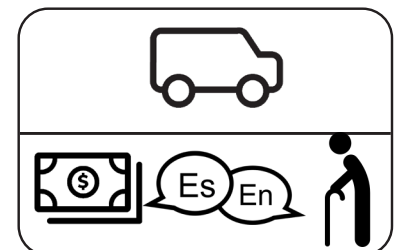
**Hours:** Monday - Friday (9am - 4pm)

Call to get information on available services and eligibility

**Phone:** (970) 328-3520

**Website:** <https://www.eaglecounty.us/transit>

**Address:** ECO Transit, P.O. Box 1070, 3289 Cooley Mesa Road, Gypsum, Colorado 81637



## ➤ Bustang Colorado Department of Transportation

**Service Area:** Three services from Denver to: Colorado Springs, Fort Collins and Glenwood Springs via I-25 and I-70

**Eligibility:** No restrictions

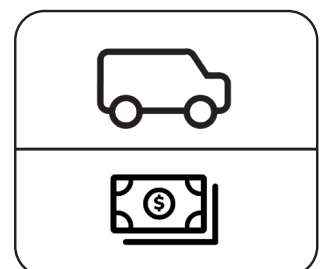
**Hours:** Monday to Sunday; hours vary.

**Teléfono:** 1 (800) 900-3011

**Website:** <http://ridebustang.com/>

**Address:** 4201 E Arkansas Ave, Denver, CO 80222

**Fare:** 25% off for seniors and people with different abilities



# Transportation Resources

## ➤ Medride- Medicaid Rides

**Services:** Transportation to and from covered non-emergency medical appointments or services

**Eligibility:** Must be a current Colorado Medicaid client, must be determined to not have access to other means of transportation including free transportation, must require transportation to obtain a non-emergency Colorado Medicaid covered service, must not be within the following eligibility groups:

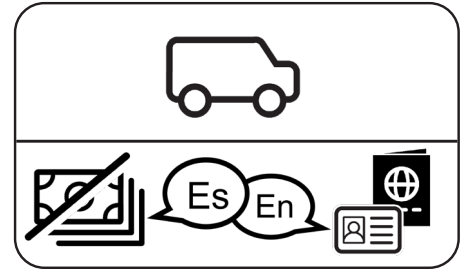
- Qualified Medicaid Beneficiary (QMB)
- Special Low-Income Medicare Beneficiary (SLMB)
- Medicare Qualifying Individual-1 (QI-1)
- Old Age Pension- State Only (OAP-state only)

**Services Areas:** Eagle, Garfield, and Pitkin County

**Hours:** Office and scheduling hours are Monday to Friday 8:30am to 4:30pm. Transportation hours are 24/7

**Phone:** (719) 545-3333

**Website:** <https://medridecolorado.com/>



## ➤ Roaring Fork Transportation Authority (RFTA)

**Service Area:** Pitkin County, Garfield, Western Eagle (Aspen to Rifle)

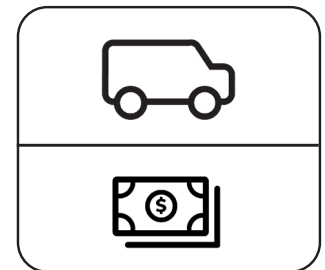
**Eligibility:** No restrictions

**Hours:** 7 days a week

**Phone:** (970) 925-8484

**Website:** <https://www.rfta.com>

**Address:** 2307, Wolfson Rd, Glenwood Springs, CO 81601



## ➤ Valley Taxi: Medicaid Taxi

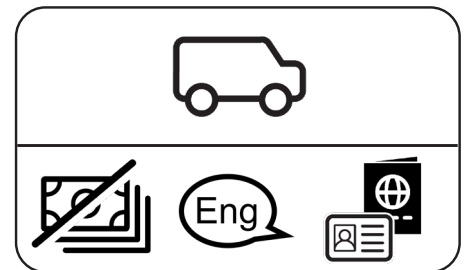
**Services:** Transportation to medical appointments. Can go to and from the client's home to the doctor's office

**Eligibility:** Must have Medicaid. Call to make an appointment

**Hours:** Everyday 5am to 3am

**Phone:** (970) 404-5045

**Website:** <https://valleytaxi.net/>



## ➤ Paratransit (Roaring Fork Transportation Authority)

**Service Area:** Glenwood, Carbondale and Aspen

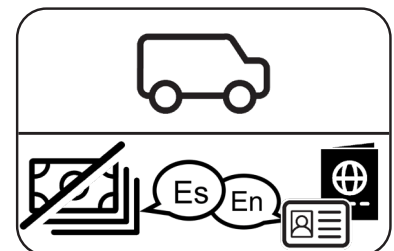
**Eligibility:** For adults over 60 years old and people over 18 years old with different capacities

**Hours:** Varies

**Phone:** (970) 384-4855 **Pitkin County:** (970) 925-4482

**Website:** <https://www.rfta.com/paratransit/>

**Address:** 51 Service Center Drive Aspen, CO 81611



# Housing Resources

## ➤ Catholic Charities of the Western Slope - Homeless Prevention Services

**Services:** Rental assistance, individualized case management, supportive services, tenant advocacy

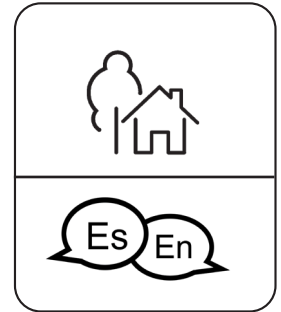
**Eligibility:** Individual and families at-risk of homelessness.

**Hours:** Monday - Friday (8:30am - 4:30pm)

**Phone:** Glenwood Springs or Rifle: (970) 384-2060, Avon or Eagle: (907) 949-0405

**Website:** <http://www.ccdenver.org/western-slope-services>

**Address:** 1004 Grand Avenue Glenwood Springs, CO 81601



## ➤ Center for Independence

**Services:** The Housing Rehabilitation Loan Program provides income qualifying homeowners' access to low interest-rate loans to repair and maintain their homes.

**Eligibility:** Applicants must qualify for the loans based upon home ownership and income. Call for details on income qualifications.

**Hours:** Monday - Thursday (9am - 4pm)

**Phone:** (970) 718-5155

**Website:** <https://cfgj.org/programs/independent-living-assistance/>

**Address:** 823 Blake Street Suite 102 Glenwood Springs, CO 81601

## ➤ Feed My Sheep Homeless Ministries

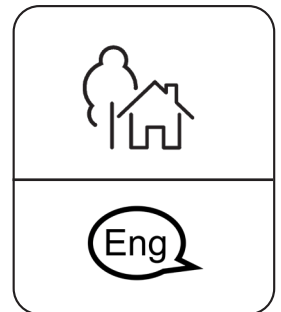
**Services:** Overnight stay at The Church of Christ. Call ahead for an appointment.

**Hours:** Monday - Friday (9am - 5pm)

**Phone:** (970)-928-8340 (Call ahead to verify they have space)

**Website:** <https://www.feedmysheephomeslessministry.org/>

\*Limited space, call ahead of time to check for availability, especially November 15-March 15



## ➤ Roaring Fork Valley Habitat for Humanity Home Purchase Program

**Services:** Provides low-cost home buying and home improvement opportunities and building supplies for reuse.

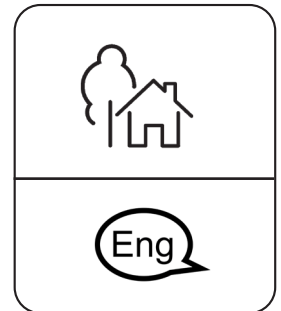
**Eligibility:** Call or complete an application online; must meet the income requirements

**Hours:** Monday - Friday (9am - 5pm)

**Phone:** (970) 945-9138

**Website:** <http://www.habitatroaringfork.org>

**Address:** 53 Calaway Court, Glenwood Springs, CO 81601



## ➤ American Cancer Society, Western Slope - Patient Lodging Programs

**Services:** Free housing support for cancer patients

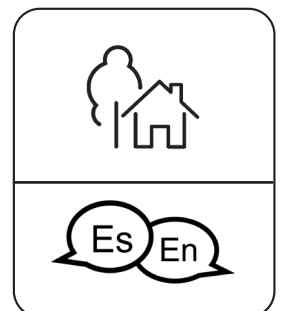
**Eligibility:** Cancer patients 18+ years

**Hours:** By appointment only

**Phone:** (800) 227-2345

**Website:** <https://www.cancer.org/treatment/support-programs-and-services/patient-lodging.html>

**Address:** 1004 Grand Avenue Glenwood Springs, CO 81601



# Housing Resources

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## ➤ **Western Colorado Housing Resources Home Rehabilitation Loan Program**

**Services:** The Housing Rehabilitation Loan Program provides income qualifying homeowners' access to low interest-rate loans to repair and maintain their homes.

**Eligibility:** Applicants must qualify for the loans based upon home ownership and income. Call for details on income qualifications.

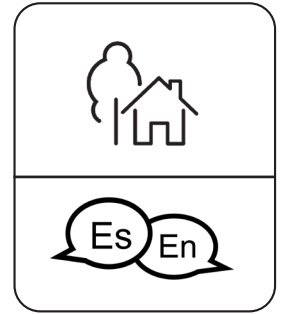
**Hours:** Monday-Friday (9am - 5pm)

**Phone:** (970) 245-4853

**Website:** <http://www.hrwco.org>

**Address:** 524 30 Road, Suite 3, Grand Junction, CO 81504

**Type of fee:** Loan payment



## ➤ **Eagle County**

### ➤ **Eagle County Housing Authority — Affordable Housing**

**Services:** Affordable housing to buy or rent, Down Payment Assistance Program available

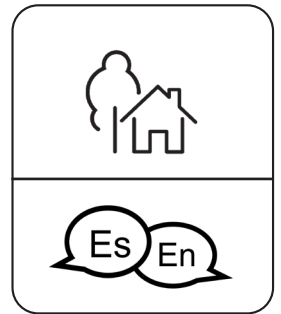
**Eligibility:** The following income numbers are the maximum amounts that a borrower can earn and still be eligible for the program at 160% of Area Median Income (1 person = \$88,400). Income guidelines apply and vary for other programs

**Hours:** Monday - Friday (8:30am - 4:30pm)

**Phone:** (970) 328-8770

**Website:** <http://www.eaglecounty.us/housing>

**Address:** 500 Broadway Eagle, CO 81631 y por correo, P.O. Box 850 Eagle, Colorado 81631



## ➤ **Garfield County**

### ➤ **Garfield County Housing Authority — Affordable Housing**

**Services:** GCHA assists individuals, families, seniors and persons with disabilities to locate and rent or purchase adequate housing. Provides Section 8 Housing Choice Voucher Program for Garfield, Pitkin and Eagle. Glenwood Green Apartments, Senior Apartment at Lakota Ridge, Senior Apartment at Mesa Vista, Silt Senior Housing, Valley Senior Housing.

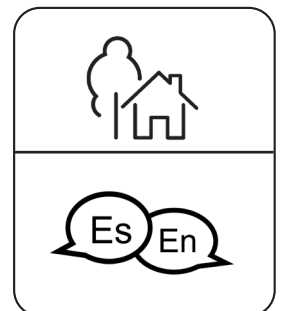
**Eligibility:** Income requirements vary based on services and programs

**Hours:** Monday -Thursday (8am - 5pm) and Friday (8am - 12pm)

**Phone:** (970) 625-3589

**Website:** <http://www.garfieldhousing.com>

**Address:** 1430 Railroad Avenue, Unit F Rifle, CO 81650



# Housing Resources

## ➤ Rifle Housing Authority

**Services:** Provide affordable rental apartments for seniors and disabled residents

**Eligibility:** Must be at least 62 years old or disabled

**Hours:** Monday - Friday (7:30 am - 3:30 pm)

**Phone:** (970) 625-3974

**Website:** <https://www.riflehudhousing.com/>

**Address:** 250 Ute Ave Rifle, CO 81650



## ➤ Glenwood Springs Health Care and Center for Assisted Living Senior Living Home

**Services:** Assisted living and rehabilitation services for older adults, 24 hours a day, 7 days a week

**Eligibility:** For adults 60+ years old. (Call to schedule an appointment)

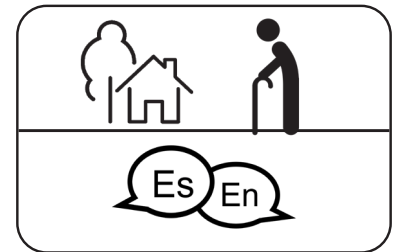
**Horario de Servicios:** Monday - Friday (8am - 5 pm)

**Phone:** (970) 945-5476

**Website:** <http://www.hrwco.org>

**Address:** 2305 Blake Ave, Glenwood Springs, CO 81601

**Type of fee:** Loan payment



## Pitkin County

### ➤ Aspen-Pitkin Housing Authority Employee Affordable Housing

**Services:** Affordable housing and rentals for low-income Pitkin employees

**Eligibility:** Must be employed full-time or seasonally in Pitkin County and meet income guidelines. (Call or visit website for detailed information)

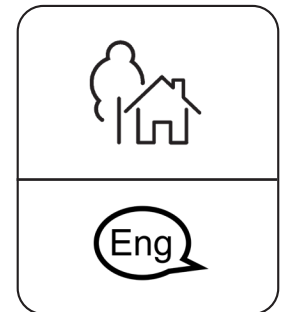
**Hours:** Monday and Thursday (7am - 4:30pm), Tuesday (7:30am - 6pm)

Wednesday (7:30am - 4:30pm), Friday (7:30am - 1pm)

**Phone:** (970) 920-5050

**Website:** <https://www.apcha.org>

**Address:** 18 Truscott Place Aspen, CO 81611



### ➤ Aspen Homeless Shelter

**Services:** Supports the homeless with meals, washing and drying machines, and caseworker support. Homeless day care center, winter overnight shelter (at St. Mary's Catholic Church), and transitional housing assistance

**Eligibility:** Aspen area residents who are experiencing homelessness, struggling, or at risk of losing housing

**Hours:** Monday - Sunday (11am - 8pm)

**Phone:** (970) 925-1342. You can also send a text message to (970) 924-0415

**Website:** <https://www.aspenhomelessshelter.org> or <http://aspensafety.net>

**Address:** 0405 Castle Creek Rd, Aspen, CO, 81611

