

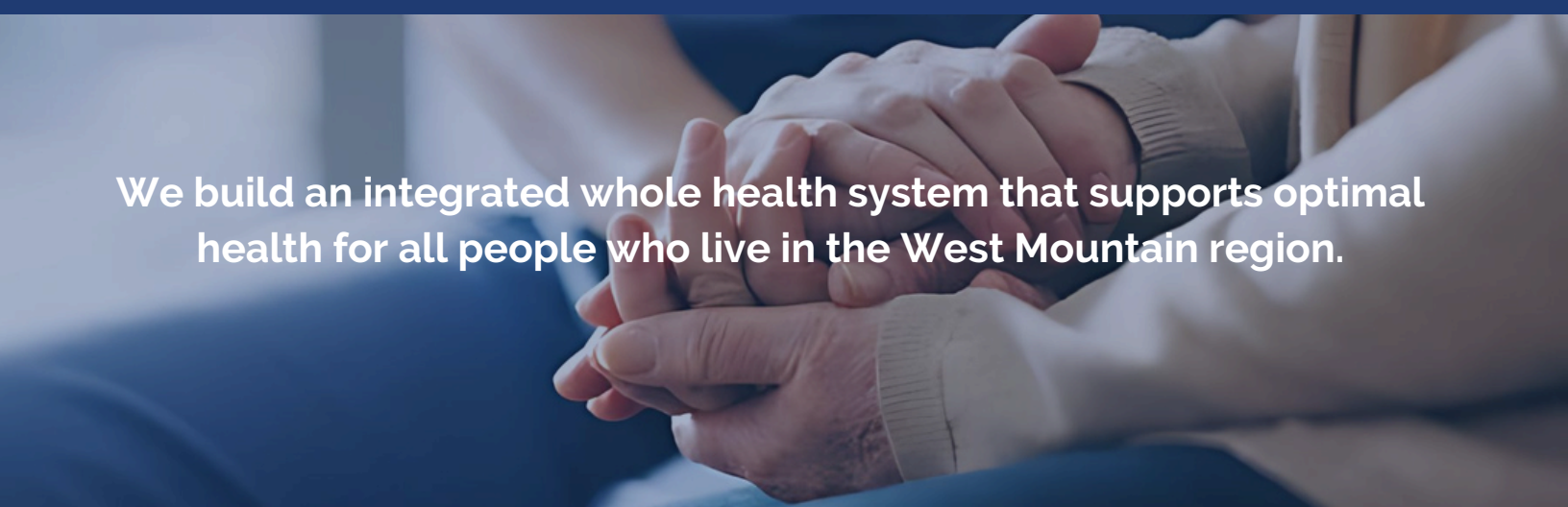
Our work would not be possible without all of you, our partners in health.

Together we are better.



# 2024 Annual Report

We build an integrated whole health system that supports optimal health for all people who live in the West Mountain region.



## BOARD OF DIRECTORS



WMRHA's Board of Directors.

**Sherri Corey, Chair**  
Quality Health Network,  
a Contexture Affiliate

**Sharon Longhurst-Pritt, Vice Chair**  
Garfield County Health and Human Services

**Annette Franta, Treasurer**  
Health Care Financial Consulting, LLC

**Rebecca Schickling, Secretary**  
Grand River Health

**Rachel Forbes**  
University of Denver  
Graduate School of Social Work

**Stacey Gavrell**  
Valley View Hospital

**Alyssa Franklin**  
Aspen Valley Health

**Wendy Gil**  
Mountain Family Health Centers

**Hans Lutgring**  
Health Solutions West

**Chris McDowell, Past Chair**  
Valley Health Alliance

**Alison Nieves**  
Vail Health

**Violet Willett**  
Rocky Mountain Health Plans

## WMRHA'S TEAM



Staff members and consultants gathered during a team meeting in April 2025.

### STAFF

**Cristina Gair**  
Executive Director

**Keith Berglund**  
Deputy Director

**Karina Rasmussen**  
Housing Access Data Coordinator

**Berta Rivera**  
Regional Health Connector

**Cindy Blachly**  
Administrative Coordinator

### CONSULTANTS

**Namrata Shrestha**  
Health Access Consultant

**Mike Barbee**  
Acting Data Manager

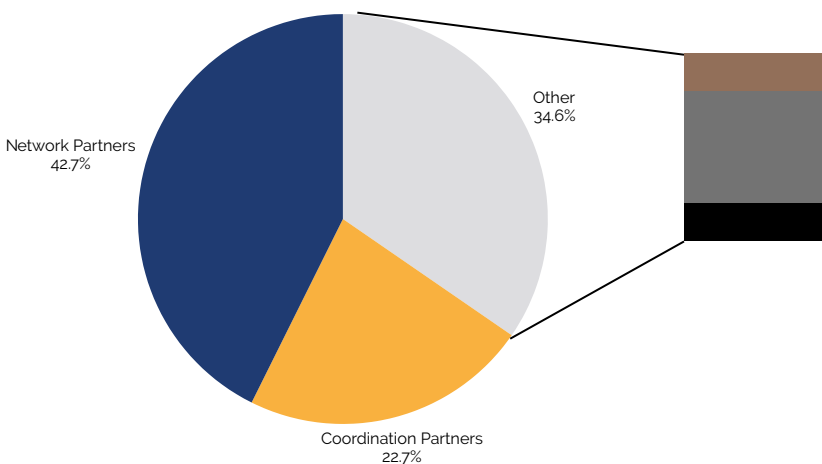
**Aleksandra Cejovic**  
Marketing Consultant



Learn more about us.

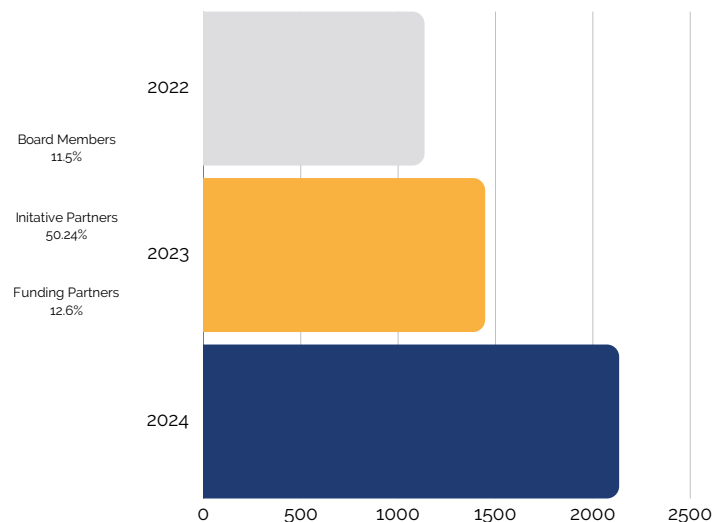
## WORKING TOGETHER

**Total WMRHA partners: 211**



## Collaborative effort of WMRHA

(Number of External Meetings)



# WMRHA Strategic Plan

2025-2027

## Values

### Access:

Removing barriers to ensure all people, especially underserved populations, obtain timely, appropriate, and affordable health services when needed.

### Collaboration:

Facilitating partnerships to achieve shared goals and outcomes.

### Community Inclusion:

Recognizing diverse peoples, partners, and resources; holding space for everyone to benefit, shape decisions, and belong.

### Health Equity:

Ensuring that all population groups have the chance to achieve their highest possible level of health through the fair and just distribution of health resources, services, and opportunities.

### Regional Focus:

Practicing a systems approach that values and responds to community needs to achieve scalable and sustainable solutions as a region.

## Purpose

We believe strengthening whole health systems, with community partners and resources, is essential to improving the social determinants of health for all people living in the tri-county region.

## Impact

All people in Eagle, Garfield and Pitkin County have access to quality healthcare, social and community resources, education, and economic opportunities to thrive.

### STRENGTHEN THE HEALTH SYSTEM

WMRHA builds a collaborative system of interconnected partners to identify needs and provide access to resources for improving the Social Determinants of Health of all residents.

### LEVERAGE DATA

WMRHA and its initiatives have effective planning, monitoring, evaluation, and learning systems in place within the organization and initiative areas to continuously learn, adapt, and improve.

### LEAD AND INFLUENCE

WMRHA is a highly visible, recognized, and valued backbone organization among tri-county local governments and community partners.

### SUSTAIN COMPREHENSIVE FUNDING

WMRHA effectively identifies, secures, and administers funding to improve the Social Determinants of Health through our partner agencies and coalitions, while also funding general operating needs.

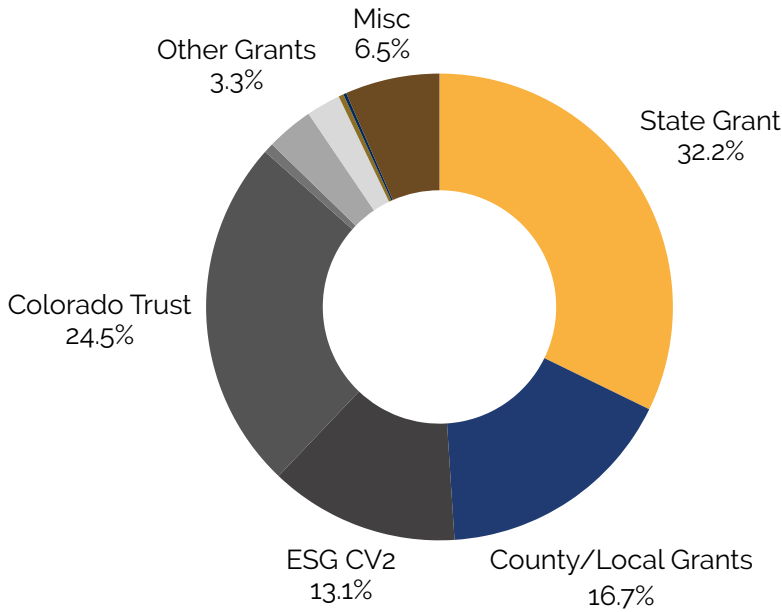
### STRENGTHEN THE BOARD

WMRHA board is an effective and efficient governance group enabling collaborative SDOH-related impacts in the region.

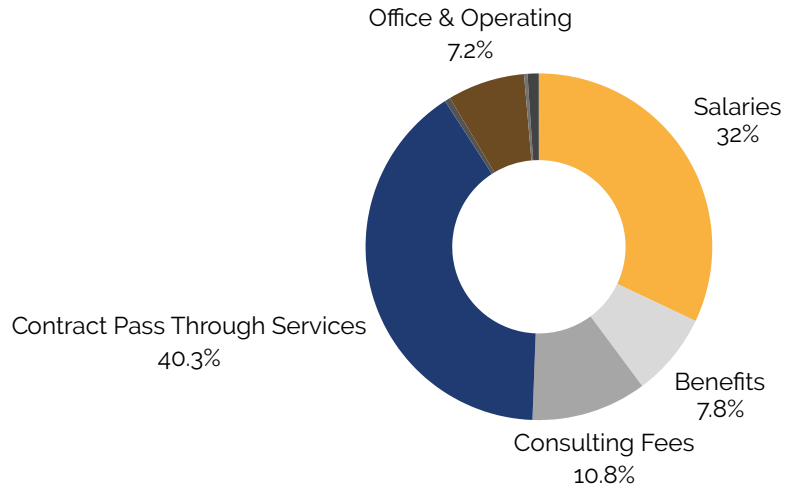
# FINANCIALS

FY 06/01/2023 - 05/31/2024

## REVENUE BY SOURCE



## EXPENSES BY SOURCE



**Total Revenue**  
\$1,356,078

**Total Expenses**  
\$1,199,480

**Total Passthrough to Direct Services: \$479,792 (40%)**

## FUNDING PARTNERS

### Local Government

### State & National

### Foundations

### Other

City of Aspen

CDHS Housing Navigation

Aspen Community Foundation

Board Member Organization Dues

City of Glenwood Springs

Colorado Department of Local Affairs, Division of Housing – Homelessness Response & Transformational Homelessness Response

Aspen Thrift Shop

Colin Goodrich Fund

Eagle County

Rocky Mountain Health Foundation

Community Health Provider Alliance

Garfield County

Rotary Club of Glenwood Springs

First Bank

Pitkin County Healthy Community Fund

Colorado Department of Public Health and Environment, Division of Prevention Services

The Colorado Health Foundation

The Colorado Trust

Community Solutions, Built for Zero

HUD Congressionally Directed Funds

Rocky Mountain Health Plans

University of Colorado, School of Medicine-PCORI



# VALLEY ALLIANCE TO END HOMELESSNESS

\*The VAEH is a regional partnership working to make homelessness rare, brief, and compassionate by connecting people to housing and advocating for lasting solutions.

## Purpose

We believe a regional continuum of coordinated and accessible resources, guided by a shared housing-first approach, is the foundation for preventing and ending homelessness.

## YEARLY ANALYSIS

	2021	2022	2023	2024
People served	99	159	155	394
Newly Identified Individuals	199	270	208	192
Housed Households	22	103	109	119
Housed Individuals	25	106	134	132
Length of Time to Get Housed (Days)	107	134	64	87
Chronic Individuals	61	40	54	73

HUD Congressionally Directed Fund

**\$750,000**

CDHS Housing Navigation

**\$150,000**

Transformational Homelessness Response (THR)

**\$4.056 million**

Tri-county Region

Homelessness Response Program

**\$185,000**

Community Solutions

**\$81,500**

## Impact

All people in the Pitkin, Eagle, and Garfield Counties have access to safe and sustainable solutions for preventing and ending homelessness.

## VAEH Partners

Catholic Charities, Eagle County Homeless Services, Garfield County Human Services, Health Solutions West, Pitkin County Human Services, Recovery Resources, Salvation Army, and WMRHA.

**23**

Referral Partners

**8**

Core Partners

## STRATEGIC PLAN

2023 - 2026

Expand and diversify funding streams to ensure long-term sustainability.

Reduce the number of people experiencing homelessness to achieve functional zero.

Reduce the number of people experiencing homelessness to achieve functional zero.

Provide housing to meet the diverse needs of those experiencing homelessness.



Learn more about VAEH.

# HEALTH ACCESS INITIATIVES

## MOUNTAIN COALITION FOR FOOD AND NUTRITION SECURITY

The Mountain Coalition for Food and Nutrition Security (MCFNS) is a regional alliance in Pitkin, Garfield, and Eagle counties working to improve access to nutritious food, support local food systems, and strengthen collaboration to build a more food-secure community.



### MCFNS Successes

- Cross-Sector Collaboration
- Regional Food System Mapping & Gap Analysis
- Promoted Policy and Systems Change
- Partnered with Garfield County Healthy Beverage Event
- Applied for Collaborative Grants



MCFNS' workshop in Glenwood Springs.

### Food tote program: 2024 highlights

Expanded reach in Pitkin and Garfield counties in partnership with LIFT-UP.

Served 11 clinics and 4 libraries, increasing food access for families and individuals



Distributed:			
Cultural bags	Family bags	Non-Cook Bags	Older Adult Bags
690	596	477	473

### Patient-Centered Outcomes Research Institute (PCORI)

WMRHA partners with the University of Colorado on the PCORI project. The goal is to enhance the capacity of partners to conduct patient-centered outcomes research and implement, evaluate, and adapt evidence-based community-based weight management interventions for Latino children in immigrant families.

This program is centered in the community it serves with 90% of the participants who are Hispanic or Latino(a). This planning grant will develop a community-led program for implementation.

# REGIONAL HEALTH CONNECTOR: 2024 HIGHLIGHTS

## Food Access & Outreach:

Expanded the Food Tote Program with MCFNS and LIFT-UP; supported MCFNS's outreach efforts to connect more families to nutrition resources.

## Program Development:

Completed RHC Needs Assessment and 2025 Action Plan.

## Tri-County Resource Directory:

Launched a bilingual Resource Directory on the WMRHA website and developed the 2025 Resource Guide featuring 150 community resources across 13 categories. Strengthened outreach through partnerships with libraries, sheriff's departments, and courts. Distributed over 1,700 outreach materials across Pitkin, Garfield, and Eagle counties.

## Latinx Community Engagement & Mental Health Initiatives

Completed Suicide Prevention Training and Talk Saves Lives Latinx trainings with American Foundation for Suicide Prevention to boost mental health awareness.



Aspen Ideas Health Festival

Revitalized the Latinx Coalition, securing key partnerships to strengthen advocacy.

Launched and facilitated La Alianza meetings, fostering collaboration and community-driven solutions.

Established strategic partnerships with Mountain Family Health Centers, Health Solutions West, and Grand River Health, and Valley Settlement.

## Community Resource Network

Partnered with Quality Health Network, an affiliate of Contexture with Community Resource Network (CRN), a team-based service coordination platform in the West Mountain Region. WMRHA provided support with scholarships to support key SDoH partners in the region to be part of CRN and provided support to update community resources.





To explore available services in tri-country region, please visit our Resource Directory.

