

West Mountain Regional Health Alliance Theory of Change

Jan 20, 2026

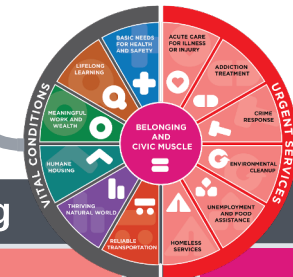
Problem

Across Eagle, Garfield, and Pitkin counties, residents, especially underserved populations, face fragmented systems and structural inequities unique to rural resort communities that restrict their access to health, safety, and other Vital Conditions for Well-Being.

Long-Term Change

All people across Eagle, Garfield, and Pitkin Counties have access to the health opportunities and resources to thrive.

Vital & Urgent Conditions of Health & Well-Being



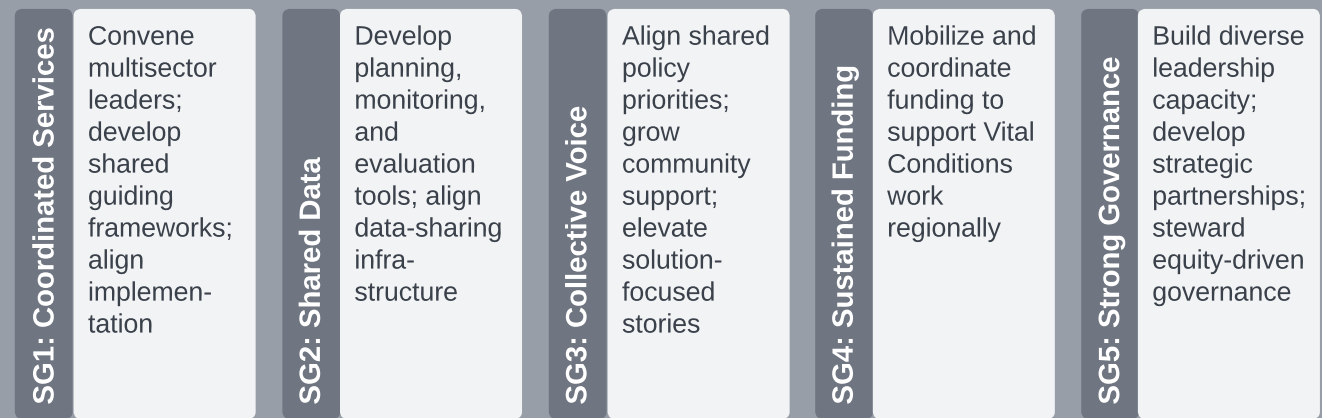
Short-term Change

Prioritized Vital Conditions of Health & Well-Being



What we are doing to bring change

Cross-Sector Regional Coalitions & Collective Action



WMRHA Support



Assumptions

Threats

Partners are committed to long-term alignment with shared priorities	Competitive resource environment erodes collective action
Partners are open to data transparency & collective learning	Inadequate funding for backbone coordination
Board members are committed to being system change agents	Political shifts limiting equity-focused work
Advocacy seen as a shared responsibility, not a risk	Complex set of regional partnerships with complicated interests
Internal capacity of system partners to dedicate time to coalitions and shared priorities	Disengagement among partners over time