

Over the past 10 years, West Mountain Regional Health Alliance has become a blueprint. This is how we have an impact on tough challenges in the community. Not as individual organizations, but collectively.

-Hans Lutgring, Board Member and Health Solutions West Partner



2025 Annual Report



We build an integrated whole health system that supports optimal health for all people who live in the West Mountain region.

Sherri Corey, Chair
Contexture

Sharon Longhurst-Pritt, Vice Chair
Garfield County Health and Human Services

Annette Franta, Treasurer
Health Care Financial Consulting, LLC

Rebecca Schickling, Secretary
Grand River Health

Rachel Forbes
University of Denver
Graduate School of Social Work

Stacey Gavrell
Valley View Hospital

Alyssa Franklin
Aspen Valley Health

Wendy Gil
Mountain Family Health Centers

Hans Lutgring
Health Solutions West

Chris McDowell, Past Chair
Valley Health Alliance

Alison Nieves
Vail Health

Violet Willett
Rocky Mountain Health Plans

BOARD OF DIRECTORS



WMRHA's Board of Directors at the 10th Anniversary Event

WMRHA'S TEAM



Staff members and consultants gathered during the 10th WMRHA Anniversary event

STAFF

Cristina Gair
Executive Director

Keith Berglund
Deputy Director

Karina Rasmussen
Housing Access Data Coordinator

Berta Rivera
Regional Health Connector

Cindy Blachly
Administrative Coordinator

CONSULTANTS

Namrata Shrestha
Health Access Consultant

Mike Barbee
Acting Data Manager

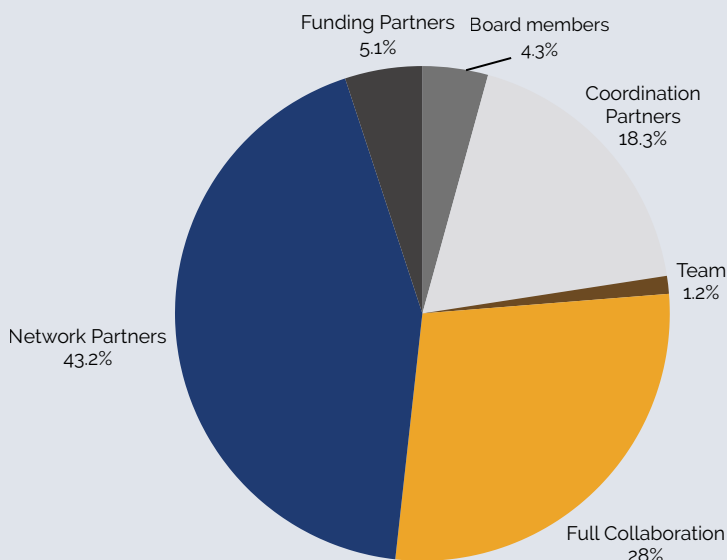
Aleksandra Cejovic
Marketing Consultant



Learn more about us.

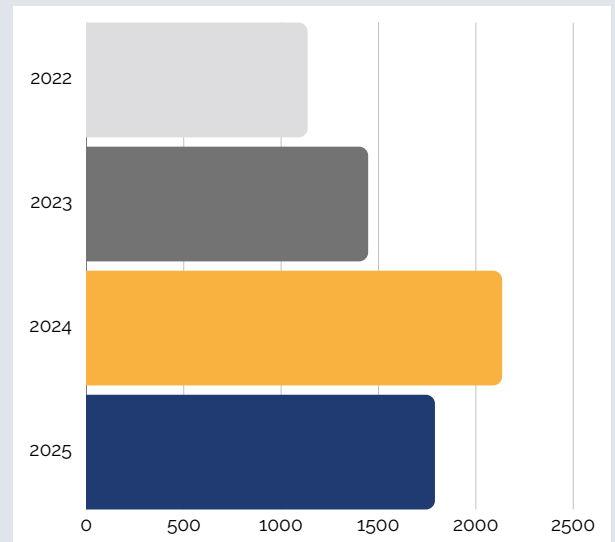
WORKING TOGETHER

Total WMRHA partners: 211



Collaborative effort of WMRHA

(Number of External Meetings)



WMRHA's Theory of Change

What is the problem?

Across Eagle, Garfield, and Pitkin counties, residents, especially underserved populations, face fragmented systems and structural inequities unique to rural resort communities that restrict their access to health, safety, and other essential conditions for health & well-being.

What are we doing to bring change?

Cross-Sector Regional Coalitions & Collective Action

- Coordinated Services
- Shared Data
- United Voice
- Sustained Funding
- Strong Governance

What support is needed?

Collective Impact "Backbone" Support from WMRHA

1. Build Shared Measurement & Guide Learning
2. Facilitate Inclusive Governance & United Voice
3. Mobilize Funding & Align Resources
4. Strengthen Policy & Advocacy Capacity
5. Guide Vision & Strategy-Setting
6. Coordinate and add capacity for Implementation.

What will change in the short term?

Improvements in priority areas within the Vital Conditions of Health & Well-Being Framework

- Basic Needs for Health and Safety
- Food Assistance
- Humane Housing
- Homeless Services
- Community Resources

What is the long-term change?

All people across Eagle, Garfield, and Pitkin Counties have access to the health opportunities and resources to thrive.

Assumptions

- Partners are committed to long-term alignment with shared priorities
- Partners are open to data transparency & collective learning
- Board members are committed to being system change agents
- Advocacy seen as a shared responsibility, not a risk
- Internal capacity of system partners to dedicate time to coalitions and shared priorities

Threats

- Competitive resource environment erodes collective action
- Inadequate funding for backbone coordination
- Political shifts limiting equity-focused work
- Complex set of regional partnerships with complicated interests
- Disengagement among partners over time

WMRHA Principles

Access: Removing barriers to ensure all people, especially underserved populations, obtain timely, appropriate, and affordable health services when needed.

Collaboration: Facilitating partnerships to achieve shared goals and outcomes.

Inclusion: Recognizing diverse peoples, partners, and resources, holding space for everyone to benefit and belong.

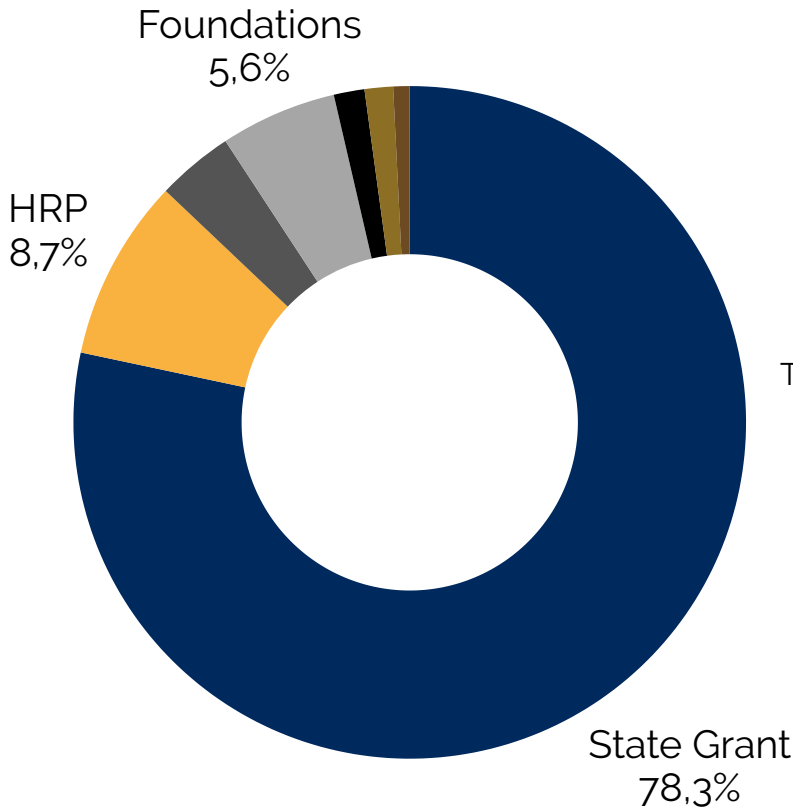
Health Equity: Ensuring that all population groups have the chance to achieve their highest possible level of health through the fair and just distribution of health resources, services, and opportunities.

Regional Focus: Practicing a systems approach that values and responds to community needs to achieve scalable and sustainable solutions.

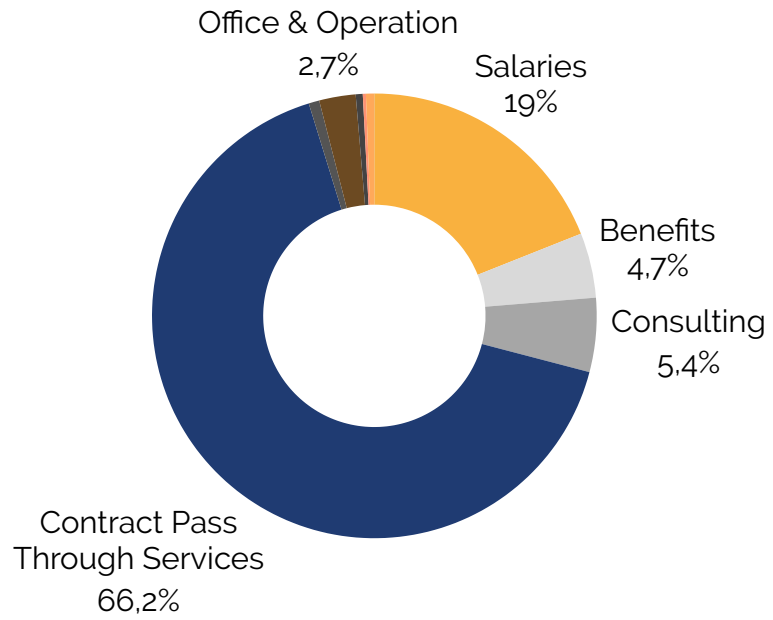
FINANCIALS

FY 06/01/2024- 05/31/2025

REVENUE BY SOURCE



EXPENSES BY SOURCE



Total Revenue

\$2,118,570

Total Expenses

\$2,258,303

Total Passthrough to Direct Services: \$1,494,334 (66%)

FUNDING PARTNERS

Local Government

- City of Aspen
- City of Glenwood Springs
- Eagle County
- Garfield County

State & National

- Colorado Department of Local Affairs, Division of Housing – Homelessness Response & Transformational Homelessness Response
- Colorado Department of Public Health and Environment, Division of Prevention Services
- HUD Congressionally Directed Funds
- Rocky Mountain Health Plans
- University of Colorado, School of Medicine-PCORI

Foundations

- Aspen Community Foundation
- Aspen Thrift Shop
- Rocky Mountain Health Foundation
- The Colorado Health Foundation
- The Colorado Trust

Other

- Board Member Organization Dues
- Colin Goodrich Fund
- Community Health Provider Alliance

Total Funding Partners

17

VALLEY ALLIANCE TO END HOMELESSNESS

*The VAEH is a regional partnership working to make homelessness rare, brief, and compassionate by connecting people to housing and advocating for lasting solutions.

Purpose

We believe a regional continuum of coordinated and accessible resources, guided by a shared housing-first approach, is the foundation for preventing and ending homelessness.

YEARLY ANALYSIS

	2021	2022	2023	2024	2025
People served	99	159	155	394	376
Newly Identified Individuals	199	270	208	192	291
Housed Households	22	103	109	119	64
Housed Individuals	25	106	134	132	129
Length of Time to Get Housed (Days)	107	134	64	87	149
Chronic Individuals	61	40	54	73	110

HUD Congressionally Directed Fund
\$750,000

Transformational Homelessness
Response (THR)
\$4.056 million
Tri-county Region

Homelessness Response Program
\$185,000

Impact

All people in the Pitkin, Eagle, and Garfield Counties have access to safe and sustainable solutions for preventing and ending homelessness.

VAEH Partners

Catholic Charities, Eagle County Homeless Services, Garfield County Human Services, Health Solutions West, Pitkin County Human Services, Recovery Resources, Salvation Army, and WMRHA.



VAEH STRATEGIC PLAN

2023 - 2026

Achieve philanthropic and local government support equal to annual HUD funding.

Achieve a 50% reduction in the number of people experiencing homelessness by 2026.annually to achieve functional zero by 2026.

Collaboratively deliver the Built for Zero approach, consistently using housing firstprinciples throughout the system.

Provide access to safe and stable housing to meet the diverse needs of thoseexperiencing homelessness.



Learn more about VAEH.

HEALTH ACCESS INITIATIVES

MOUNTAIN COALITION FOR FOOD AND NUTRITION SECURITY

The Mountain Coalition for Food and Nutrition Security (MCFNS) is a regional alliance in Pitkin, Garfield, and Eagle counties working to improve access to nutritious food, support local food systems, and strengthen collaboration to build a more food-secure community. MCFNS is convened and facilitated by West Mountain Regional Health Alliance, providing strategic leadership, coordination, data integration, governance facilitation, and aligned funding support.



MCFNS Successes

Cross-Sector Collaboration with Eagle, Garfield and Pitkin counties.

Regional Food System Mapping

Regional Food Security Gap Analysis

Three Regional Priorities Identified

Collaborative Grants

Advocacy for Food

Garfield County Healthy Beverage Event Partnership

Advisory Board for Provecho Collective



2025 Regional Priorities Identified

1. Home-Delivered Meals Expansion

Address waitlists and expand reach to underserved older adults.

2. Food Tote / 72-Hour Emergency Bags

Scale discreet emergency food access in clinics and community settings.

3. Mobile Pantry & Market Access

Strengthen food access in rural and transportation-limited communities.

2025 Funders for MCFNS:

- Aspen Community Foundation
- Holy Cross
- Healthy Beverage Partnership (GCPH)
- Aspen Thrift Shop

MCFNS BOARD



Patient-Centered Outcomes Research Institute (PCORI)

WMRHA partners with the University of Colorado on the PCORI project. The goal is to enhance the capacity of partners to conduct patient-centered outcomes research and implement, evaluate, and adapt evidence-based community-based weight management interventions for Hispanic or Latino(a) children in immigrant families.

This program is centered in the community it serves, with 90% of the participants who identify as Hispanic or Latino(a). This planning grant has developed a community-led program for implementation.

REGIONAL HEALTH CONNECTOR: 2025 HIGHLIGHTS

Established Partnerships:

Active supporting member of the Community Organizations Active in Disasters Communications Committee (COAD), MCFNS Nutrition Outreach Committee, and Mountain West Gives Committee for CO Gives.

Program Development:

Completed RHC 2026 Improvement Plan and was approved by Colorado Department of Public Health and Environment.

La Alianza Coalition:

Lead and facilitated a space for professionals across all sectors who are part of the Latino/a community to come together and build a more equitable environment by uplifting the Latino/a community in the tri-county region. Health was selected as the scope of work for the next 2 years.

Community Health Connections Resource Sharing

RHC updates the Resource Directory quarterly and printed version annually both in English and Spanish. 2026 Resource Guide to be shared in Spring of 2026.



Annual update of Tri-County Food Brochure, Street Sheet, and VAEH Referral Guidelines. Available both in English and Spanish.

Increased Community Awareness of Resource Directory, which was featured in 6 different local media outlets. 2024 views 919 / 2025 views 3,175

Collected and analyzed community and partner feedback on the Resource Directory. Leading to layout restructuring and the addition of 3 new features.

Community Resource Network

Partnered with Contexture's Community Resource Network (CRN), a team-based service coordination platform in the West Mountain Region. WMRHA provided support to update community resources of SDOH partner organizations.





To explore available services in tri-county region, please visit our Resource Directory.

